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Vol. 14, No. 12

From the Beaches to the River District downtown Fort Myers

MARCH 27, 2015

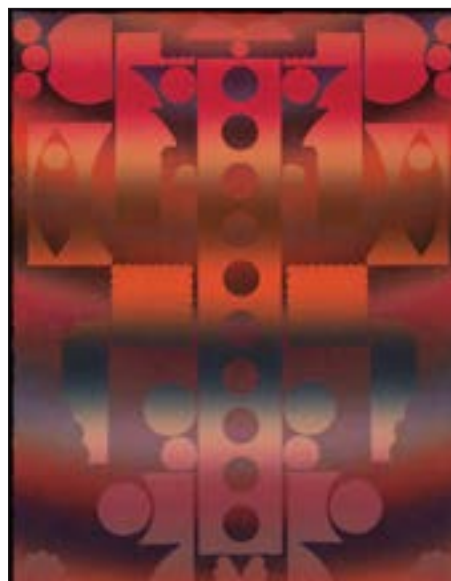
Concert To Benefit The Florida Museum Of History Foundation



Groove to genuine '50s and '60s rockabilly, ballads and rock 'n' roll with Memphis 56 and The BeatleManiax performing at Harborside Event Center on Saturday, April 25 at 6 p.m. Step out in hip, vintage attire. Dig into far-out American diner fare and classic automobiles.

The BeatleManiax captures the feel and excitement of a real Beatles concert with authentic clothing, "mop-top" hairstyles and the use of the same brand and model of instruments the Fab Four used. The BeatleManiax is a talented band with a hard-to-find, left-handed bassist – just like Paul McCartney – performing classic Beatles songs from their 1962-66 touring years. The arrangements have been kept as close to the original

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Best in Show, Juergen Strunck, *TTR-5*, ink on Japanese fiber



Second place, Barbara Yeomans, *Red Dot Monotype*

Alliance Announces Printmaking Exhibit Winners

Hundreds of people turned out for the opening reception of the Alliance for the Arts' recent Printmaking exhibit. More than 60 artists from around the country submitted over 140 pieces representing a wide variety of printmaking techniques for the juried show, including monotypes, etchings, woodcuts, linocuts and lithographs. The juror, Lise Drost, selected 51 pieces for the exhibit, and awards were presented during the opening reception. Drost is an associate professor in the

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Art Quilters Unlimited Group Exhibit



Legally Blind by Pat Cleveland

Arts For ACT Gallery in downtown Fort Myers will have an opening reception and art walk for its April featured artists on Friday, April 3 from 6 to 10 p.m. A group exhibit by The Art Quilters Unlimited is showing in the main gallery.

In space off the main gallery is an exhibit by painter Tom Nagata, and in the White Gallery is *Transitions* by Pat Cleveland, a legally blind artist. These exhibits continue

through April 27.

The Art Quilters Unlimited exhibit is *Cityscapes: A Slice of Fort Myers*. The group's last show was described by their exhibit judge, Alicia Schmidt, as "...a complex kaleidoscope of techniques, styles and imagery. Wow! What can happen with fiber, fabric and thread. I have always respected the artistry of this group – and they have delighted."

Art Quilters are creating special 15x35-inch slice quilts of Fort Myers scenes for this exhibit along with other size art quilts and many small quilted items for purchase.

Quilters meet every other month starting in January at the Alliance for the Arts. They welcome anyone interested in creating textiles, learning and sharing. Visit www.artquiltersunlimited.com for more information.

In the White Gallery, *Transitions* by Cape Coral artist Pat Cleveland is the first showing of her newest paintings since she developed macular degeneration three years ago and now is considered legally blind. The artist considers the change in vision not as a challenge, but as an opportunity for creative growth. Instead of her previous quite detailed work, she is using a more impressionistic or abstract approach, with strong colors in her palette. There will be paintings from previous years showing her style of work prior to

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Slice quilt by Carol Marshall

Historic Downtown Fort Myers, Then And Now:

Fort Myers Women, Sung And Unsung



by Gerri Reaves, PhD

Women's History Month is indeed a time to remember and honor women's contributions and achievements, be they in education, public service, the arts, medicine, philanthropy, or another field.

But this month is also a time to remember less celebrated women who lived their busy lives as most of us do – perhaps with a short burst of celebrity, but for the most part, in relative obscurity.

The women who are the subjects of these photos each lived in a Fort Myers that no longer exists.

One of them came to town as a child around the time it was incorporated as Fort Myers.

Another reigned over a World War I-era (WWI) festival that, when considered in scale for its time, would rival today's Edison Festival of Light.

A third served her country during World War II (WWII) in a way both thrilling and unconventional.

What little is known about Annie Hill suggests that she lived her rather short life in the shadow of her better-remembered mother and younger sister, Mary F. Hill and M. Flossie Hill.

All three came to Fort Myers in the early 1880s, and the widowed mother set to running a boardinghouse-hotel. She later established Hill House, which earned a place in local history as one of the town's earliest and finest.

The sisters worked hard in the family business too. In those days, before the conveniences of electric or gas stoves, three meals a day were prepared in a 900-pound cast-iron wood-burning stove.

Flossie struck out on her own career as a store owner in 1905, establishing M. Flossie Hill Co., one of the town's longest-lived and most fondly remembered clothing stores. She and her mother also excelled in community work.

Annie, although living an apparently quieter life, made her mark on the town, too, for when she died in 1909 in her mid-30s, a front-page tribute in the *Fort Myers Press* stated that "her death has cast a gloom over the entire city."

Even a long summer excursion with her mother to a cooler climate had not helped her faltering health.

On the evening she died, she sat outside before being carried to her own bed. After giving instructions about how she wished to be dressed and how she wished to dispose of her possessions, she died. She is buried in the Fort Myers Cemetery.

The scarcity of information about her introduces questions. What was she interested in? Was she ever in love? Who was her best friend? It is the answers to such questions that make people real to us, in the end.



Lillian Gilliam (Pursley) was crowned Princess Florida in 1917
photo courtesy Southwest Florida Historical Society

In the year the U.S. entered WWI, 1917, the lovely Lillian Gilliam (Pursley) was crowned Princess Florida in La Conquista de Florida, an extravagant three-day festival.

It was organized by the Accelerator Club and is now considered a forerunner to the Edison Festival of Light. Gilliam is pictured here in her royal attire, a gown of white net over silver cloth, a brocade heliotrope cloak, and a crown studded with stones.

For weeks, the ballot for princess was kept secret. At the culmination of the celebration, the votes were counted and she was crowned and removed the mask she had worn throughout the festival.

The evening then progressed to the final event, as she and other celebrities were driven in the royal car to the Princess Florida Ball at the Royal Palm Hotel.

One might say that Gilliam came of age along with Fort Myers. The 19-teens were an exciting time for the town transitioning from cowtown to young city.

Marketing itself as the Gate City to the Tropics, it was experiencing a building and

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Carolyn Barden (Smith) served in the Civil Air Patrol during World War II and flew out of Buckingham Army Air Force Base
photo courtesy Rebecca Kinzie Holmes



Annie Hill is buried in Fort Myers Cemetery along with her mother, Mary F. Hill (aka "Mother Hill") and her sister, M. Flossie Hill
photo by Gerri Reaves



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Fort Myers Art:

Lovegrove Painting Presented To Mayor



by Tom Hall

On March 24, the City of Fort Myers acquired a second original painting by Leoma Lovegrove. The artist painted the work live before an audience to the music of Al Holland of The Platters

earlier this year. It was then used as the official poster for the Fort Myers Film Festival.

FMFF Director Eric Raddatz presented the painting to Mayor Randy Henderson at the Barbara B. Mann Performing Arts Hall on opening night of the festival.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**



Leoma Lovegrove painted the original poster for the Fort Myers Film Festival in front of a live audience while Al Holland of The Platters sang and played piano. The artist is pictured with Eric Raddatz, director and founder of the film festival.

City's Annual Spring Egg Hunt

The City of Fort Myers Recreation Division invites all children up to six years old to participate in the Annual Spring Egg Hunt on Sunday, March 29 at Centennial Park. During the event, 4,000 eggs will cover Centennial Park.

The event begins at 10 a.m. with free children's activities including face painting, a sidewalk chalk area, bean bag toss and a pre-Egg Hunt warmup with Mr. Gary. Concessions will be available as well as a photo opportunity with the Bunny.

The Egg Hunt begins promptly at 10:30 a.m. Children must be able to walk on their own; parents will not be able to assist them. There will be a drawing for special prizes following the egg hunt.

Children should bring their own basket to collect the eggs. There is no registration or fee required. Plan to bring the kids and enjoy a great Fort Myers tradition.*

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Top Barbecue Teams Invited To Compete At Local Art Center



Smoke on the Water crowd

The Sidney & Berne Davis Art Center is inviting the region’s top barbecue teams to enter the second annual Smoke on the Water Barbecue Competition and Music Festival to be held on May 15 and 16 at the historic downtown Fort Myers River Basin.

Smoke on the Water is a Florida Barbecue Association-sanctioned competition and a qualifier for the Jack Daniel’s World Championship. The inaugural event last year drew 30 professional teams and over 10,000 attendees to the downtown area.

“Smoke on the Water is an excellent contest,” said Sheilah Jones, barbecue association representative. “The location on the riverfront is great with many of the top teams from across the state competing. The FBA is looking forward to continuing to partner with this contest for years to come.”

Teams will compete on Saturday May 16. The event will operate Friday, May 15 from 7 to 10 p.m. and Saturday, May 16 from 11 a.m. to 10 p.m. Available cook sites are 20’ x 20’. Teams can upgrade to a 20’ x 40’ space for an additional premium. Team spaces will be assigned in the order that applications and fees are received.

Organizers have also announced that this year’s competitive activities will also include an ancillary event on Friday evening, May 15 in which professional barbecue teams can submit desserts for judging. A select number of teams may sell their barbe-



cue to guests.

Professional teams interested in competing may visit www.smokeonthewater.sbdac.com for contest information, rules and applications. There is a fee to compete. All proceeds from the competition and music festival benefit the Sidney & Berne Davis Art Center.

For tickets or more information, visit www.sbdac.com, or call the Sidney & Berne Davis Art Center at 333-1933.✧



2015 Delicious Dining Discounts Book

The 2015 Lee County Delicious Dining Discounts book – aka the Little Blue Book – from the Kiwanis Club of Fort Myers Gateway to the Islands (GTTI) is now available to purchase for \$20. The book offers a BOGO (buy one, get one) dining discount at 59 restaurants throughout the county.

Most of the off-season discounts are valid April 15 through November 15, 2015. Proceeds from the book support annual projects such as the Harry Chapin Food Bank, Gladiolus Learning and Development Center, the Children’s Advocacy Center, Early Learning Coalition of Southwest Florida and World Atlas books for all fourth graders in a local elementary school.

This is the seventh year that GTTI has produced its dining book, and with each passing year the list of restaurants grows. This year alone, there are 23 newcomers to the book. The book boasts 16 waterfront dining locations from Bonita Beach to North Fort Myers, including 10 on Fort Myers Beach. From Marker 92 and Buon Appetito in Cape Coral, to Bistro 41 and Il Pomodoro in Fort Myers to perennial beach favorites Nervous Nellie’s and Pierside Grill, there is something to please everyone’s taste buds.

The books may be purchased at many different locations, including the Fort Myers Beach Chamber of Commerce, Kiwanis Thrift stores (Cape Coral south, north and Fort Myers Beach) and Gavin’s Ace Hardware. Visit www.kiwanisgtti.com for a complete list of participating restaurants and to buy books online or for a complete list of locations to pick up books. For more information, email KiwanisGTTI.Dining@gmail.com or call 218-5768.

Gateway to the Islands Kiwanis Club is comprised of professional women and men, working and retired, who generally work and/or live around the San Carlos Blvd./McGregor Blvd./Summerlin Road areas. The club mixes fun and fellowship while taking seriously the Kiwanis defining statement of improving the world one child and one community at a time. Meetings are held every Tuesday from 7:45 to 8:30 a.m. at First Watch on McGregor Blvd. For further details about the club, visit www.kiwanisgtti.com, find them on Facebook/Kiwanis Club of Fort Myers Gateway to the Islands or contact President Gary Hudson at gkhudson@earthlink.com.✧

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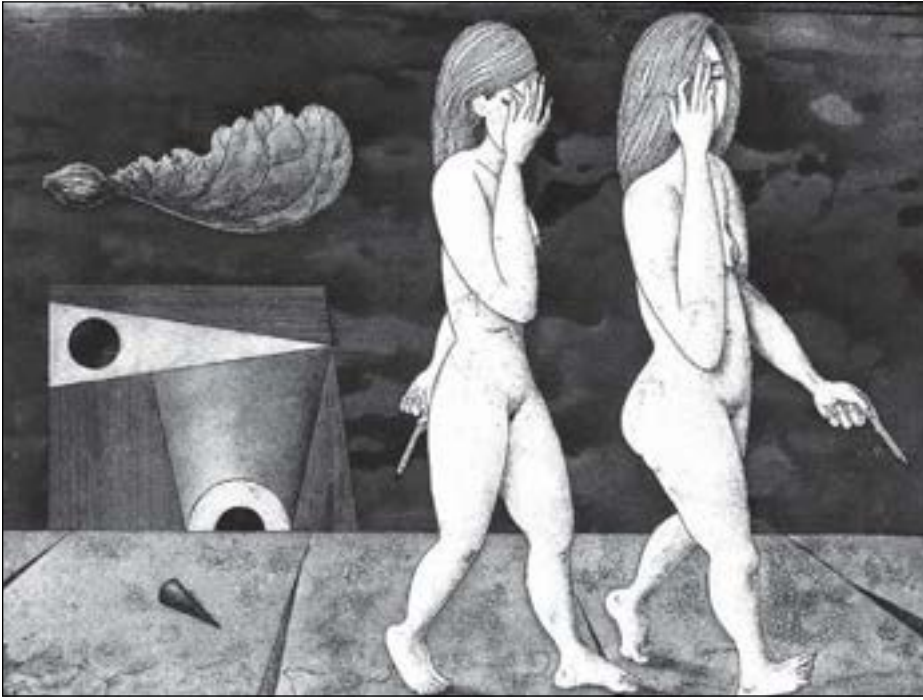
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From page 1

Alliance Printmaking Winners



Third place, John Hankiewicz, *Too Sharp*, etching and chine colle

Department of Art and Art History at the University of Miami.

Juergen Strunck took home \$100 for his Best in Show piece *TTR-5* which is printed with ink on Japanese fiber. The second place winner, Barbara Yeomans, won \$75 for her monotype *Red Dot*. Third place winner, John Hankiewicz, was awarded \$50 for his etching with *Chine Colle Too Sharp*.

Participating artists: Robert Aronson, Bloomfield Hills, Michigan; Erica Barajas, Livermore, California; Rachel Bass, Cape Coral; Eliza Brewster, Sanibel; Andy

Browne, Fort Myers; Abraham Camayd, Miami; Gary Day, Omaha, Nebraska; Keith Dull, Ashland, Ohio; Samantha Earley, New Albany, Indiana; Xiaolong Fang, Grand Rapids, Michigan; Toni Ferrell, Fort Myers; Cindi Ford, Byron Center, Michigan; Daniele Gabriel, Miami; Lia Galletti, Fort Myers; Andy Getch, Fort Myers; Karla Hackenmiller, Athens, Ohio; John Hankiewicz, Oxford, Ohio; Jennifer Hays, Naples; Leo Johnson, Fort Myers; Eric A. Johnson, Hillsboro, North Dakota; Mike Kiniry, Fort Myers; Nicole Klebosis, Cape Coral; Susy Kosek, Naples; Kim Marhoefer Willis, Naples; Deborah Martin, Naples; Martyna Matusiak, Pittsburgh, Pennsylvania; Robert Lee Mejer, Quincy, Illinois; Leila Mesdaghi, Fort Myers; Andy Owen, Naples; Daniel Papanikolaou, Fort Myers; Sherry Rohl, Fort Myers; Grayson Stoff, Fort Myers; Juergen Strunck, Southlake, Texas; Guy Tieman, Cape Coral; Monika Urbanska, Cape Coral; Daniel Venditti, Fort Myers; Ian Welch, DeKalb, Illinois; Susanna Wingenroth, Fort Myers; and Barbara Yeomans, Fort Myers.

The April exhibit, *The Future of Art*, features works by Lee County students. There is an opening reception for elementary and middle school students on April 7 at 5 p.m. and a second opening reception for high school students on April 15 at 5 p.m.

The 29th annual All Florida Juried Exhibit opens at the Alliance on June 5. The deadline for online submissions is May 1. Visit ArtInLee.org for call 939-2787 for more information.✧

From page 1

Benefit Concert

recordings as possible. They perform the hits as well as the beloved songs that should have been hits, giving their audience a wide variety of early Beatles classics.

Memphis 56 offers a musical stage show dedicated to meticulously recreating the sounds of Elvis Presley and Johnny Cash, bringing alive the iconic Sun Record Studios sound of the '50s. The group is fueled by the rich voice, rhythm guitar and uncanny performance of Rai Aulen on lead guitar and vocals. Anthony Galler, on the upright bass, takes slapping and thumping to a new level, and

drummer Jim Becker will keep your toes tappin' and fingers snappin' from start to finish of their tribute to the days before it was known as rock 'n' roll. The Fort Myers-based band is powered by vintage, '50s-era sound equipment and instruments to create an authentic rockabilly sound.

Doors open at 6 p.m. followed by the concert at 7:15 p.m. Harborside Event Center is located at 1375 Monroe Street in historic downtown Fort Myers.

Cost to attend the concert only is \$35. An All-Access Pass costs \$100, which includes dinner, dessert and VIP reserved seating. A VIP table for eight costs \$750. A cash bar will be available. For tickets or more information, visit www.museumof-history.org or call 321-7430.✧




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Calendar Girls At FSW State College



Calendar Girls

Ever involved in the community, the Calendar Girls joined in the 25th anniversary of the Americans with Disabilities Act celebration at Florida SouthWestern State College in Fort Myers on Thursday, March 19.

For more information about the Calendar Girls visit www.calendargirlsflorida.com.

Lake Kennedy Senior Center Felix Jiles Show

Lake Kennedy Senior Center will welcome back Felix Jiles on Friday, March 27. Doors open at 6:30 p.m.

Jiles is an exceptional vocalist who has the versatility, power and range to sing

a wide variety of music from the 1950s through today's hits.

Appetizers and refreshments will be served. BYOB.

Cost is \$10 per member and \$15 per non-member. Preregistration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.

Continental Women's Club



by Di Saggau

Continental Women's Club of Greater Fort Myers meets the first Thursday of every month at Colonial Country Club at 11:30 a.m. Our guest speaker for the April meeting was Anne Peck, who talked about the differences between men and women in conversation. It was an amusing and informative program on why we communicate differently and how we can improve our communication with one another.

Our next meeting is Thursday, April 2 and will feature a fashion show by Draper's & Damon's. Past presidents of the club will also be recognized.

The cost of lunch is \$19 and reservations are necessary. If you like meeting with active women who enjoy raising money to award scholarships to young women, provide food and clothing or those in need, as well as taking part in numerous social events, think about becoming a member. Yearly membership is \$20 and provides members with interesting programs throughout the year.



Anne Peck

For more information, call Margie Connor at 561-8973.

Writers' Meeting

Gulf Coast Writers Association annual business meeting and writing contest awards presentations will take place March 28 at 10 a.m. at Covenant Presbyterian Church, 2439 McGregor Boulevard, Fort Myers.

Members and first time visitors are admitted free; guests pay \$5.

Visit www.gulfwriters.org or call 247-4515 for more information.

Share your community news with us. Call 415-7732, Fax: 415-7702 or email press@riverweekly.com

HORTOONS



Community Flea Market

Hope United Presbyterian Church located at 7470 Hickory Drive at the intersection of U.S. 41, continues its monthly Flea Market & Garage Sale on Saturday, April 11. This will be the final flea market for this season, an opportune time for seasonal residents to dispose of items as they move out of their winter homes.

Individuals, businesses, organizations and churches can rent a space for \$20 and keep all the proceeds from their sales. There are 28 spaces available and advance, paid reservations are advised. Set up begins at 7 a.m. with sales open to the public from 8 a.m. to noon.

This is the fourth year of operation and sellers have raised substantial funds from the sale of unneeded items, craft items, jewelry, produce, toys, computers, baked goods, pies, cookies and such.

For more information, contact the church office at 267-3331.

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A New Queen Reigns Over Shrimp Festival



Mannuella Constantino, Miss Moss Marine, was chosen as the Shrimp Festival Queen

This year, the newest event of the Fort Myers Beach Lions Club Shrimp Festival was the shrimp eating championship Sunday. The Big Eaters squared off in front of an excited crowd.

The winner, downing 1.2 pounds of Fort Myers Beach shrimp, was Carl Cius, sponsored by Island Vacations of Sanibel and Captiva. The People's Choice winner was David Forrer.

The Shrimp Festival Parade drew thousands of happy spectators this year. The Lions Club Award recipients were:

Business and Professional: first place, Lani Kai; second place, Red Coconut RV Park LLP.



Queen contestants



Shrimp eating contest

Civic Groups and Associations:

first place, American Red Cross; second place, Araba Shriners.

Non-business, Family & Individuals:

first place, Brent Samuels; second place, Florida Guide Dogs For the Deaf.

Youth Groups: First place, Beach Baptist.

Decorated Car: First place, Beach

United Methodist Church.

Decorated Truck: First place, Famous Flag Truck

Decorated Boat: First place, Fort Myers Beach Yacht Club.

Marching Unit (musical): First place, Calendar Girls

Marching Unit (non-musical): First place, Whispering Pines.

Musical Unit (non-marching): First place, Bayshore Elementary School



Eating shrimp

Cloggers.

Chairman's Award: Bill Sidor

The 2015 Shrimp Festival Queen was crowned Saturday by 2014 Queen Jordan Ward. She is Mannuella Constantino, Miss Moss Marine.

Her court includes:

First runner-up, Amy Oxton – Miss Semmer Electric

Second runner-up, Sarah Goodman – Miss Red Coconut

Miss Congeniality, Sarah Goodman – Miss Red Coconut

Miss Photogenic, Leah Hurd – Miss Rainbow Cone

Miss Personality, Bailey Faircloth – Miss Holiday Watersports

Princesses: Logan Phillips – Miss Nervous Nellie's; Kasey Conidaris – Miss Lani Kai; and Summer Stimson – Miss Trico Shrimp.

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Along The River



Antiques and Memories has a large selection of adult-collectible Hot Wheels, Pro Stock motorcycles, NASCAR, NHRA, model kits, dragsters, Star Wars figurines and Coca-Cola items in addition to vintage clothes, jewelry, furniture, primitives and quality art.

Antiques and Memories in downtown Fort Myers’ Gardner’s Park is one of the area’s largest antique malls. Antiques and Memories offers shoppers a large variety of collectibles and antiques from many different vendors: vintage clothing for men and women, antique furniture, custom furniture, collectibles, fine quality art, eclectic pieces, pottery, crystal, glassware, jewelry, hats, rugs, primitives, crafts, militaria, shell art, and classic toys. Whether you are young or old, male or female, there is something for everyone. The options are endless and the inventory changes frequently as new items are added. The antique mall also has an impressive collection of adult-collectible Hot Wheels. Most people who collect require mint packages and Antiques and Memories prides itself in the quality of its merchandise. The store also sells a complete line of mint condition Treasure Hunts, dealer items, some Star Wars figurines, Coca-Cola items, Pro Stock motorcycles, and a lot of NASCAR, NHRA (including John Force funny cars), large plastic model kits, and dragsters. The collection is one-of-a-kind and most of the collectibles are difficult to find anywhere else. Antiques and Memories also has a great, friendly and knowledgeable staff and the owner is always in store and available for questions. The mall is located at 1788 Fowler Street between Second Street and Thompson Street. It is open Monday through Saturday from 10 a.m. to 6 p.m. and 11 a.m. to 4 p.m. on Sunday. For more information, call 226-1992. On Friday and Saturday nights, music lovers gather at Times Square on Fort Myers

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Local favorites High Tide play Friday night for the Sunset Celebration on Fort Myers Beach Beach for the **Sunset Celebration**.

Sponsored by the Times Square Merchants Alliance, it takes place in the center of attraction in Fort Myers Beach. The square is a great place to enjoy a beautiful gulf sunset, some dinner, desserts, coffee, shopping and of course some excellent live music. It’s a fun evening for people of all ages and the concert series is free of charge. On Friday night, popular local band **High Tide** takes the stage to play its special blend of rock, reggae and R&B. Band members are Scott Novello (bass/vocals), Danny Shepard (guitar/vocals) and David Moore (drums/vocals). It is certain to be a fun evening. On Saturday, it’s the Manipulators. For more information about the Sunset Celebration, call 463-5900. The fourth annual **American Vinyl Music Festival** is on Saturday from 2 to 10 p.m. in Centennial Park, Fort Myers. The American Vinyl Music Festival benefits the Wounded Warriors Project. Headliners, The American Vinyl Band, features Jeff “Skunk” Baxter from Steely Dan and the Doobie Brothers; Barry Goudreau and Fran Sheehan formerly of the band Boston; Leroy Romans from the Wailers and Thrid World; Robert “Mousey” Thompson from the James Brown Band; and Danny Beissel from Fosterchild. Guests scheduled to appear are Charlie Colin from Train; Sally Taylor, and Shawn Beamer from Molly Hatchet; Phil Stokes from Pure Praise League; Kyle Cousins from Rock 4 Autism; and Chaz Trippy from the Greg Allman Band. Journey’s former lead singer Steve Augeri and his band are the headliners. Advance purchase general admission tickets are available for \$15 at www.eventbrite.com. Tickets will also be available at the door. For more information, go to www.eventbrite.com.

In case you haven’t noticed, the most recent trend in fitness is the “boutique-style” exercise studio: modest-size establishments, offering small group and private instruction, and featuring specialized and often unique class offerings. The latest to hit the scene in Fort Myers is **Suzanne’s Dance Fitness**, located at mid-town’s Royal Palm Square, between Colonial and McGregor boulevards. Owner Suzanne Tissier LaBounty started teaching her signature dance-fitness classes in the mid-1980s in downtown Fort Myers. Her new studio, tucked away among the fountains and fauna of the well-known office, retail, and dinner theater locale, features classes not frequently found elsewhere. In addition to her signature dance-exercise class, coined DanceFit, the studio also offers a BarreFit class, consisting of a basic ballet barre coupled with floor conditioning and stretching, and a LineFit class (aka line dancing), featuring basic to intermediate-level choreography and crossing musical genres – Latin, country, pop and R&B. And couples keen on learning the basics of partner dancing, whether as a fun pastime or for a special occasion, have found a new home as well. Suzanne’s offers partner instruction in rumba, cha cha, salsa, swing, tango, foxtrot and more. For more information visit www.DanceSuzannes.com or call the studio at 822-9226.*

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FORT MYERS FARE

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For more information, check out our advertisers in this week's *River Weekly*

CORK & BARREL

After years of success in North Carolina, Dick Howard and Chef JR have brought their exceptional tapas dining experience to Southwest Florida. The Cork & Barrel celebrates one of the most significant aspects of the culture and social scene of Spain: tapas.

Tapas are served day in and day out in every bar and café in Spain. So much a part of the culture and social scene that the Spanish people invented the verb tapear, which means to go and eat tapas. The tapas dining experience at The Cork & Barrel encompasses the sharing of exceptional cuisine paired with the perfect wine, in a tranquil atmosphere, bonding people together.

15880 San Carlos Boulevard #110, Fort Myers. Call 208-8889.

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated



Fried green tomato and bacon sandwich from SS Hookers

grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for

Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 10 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers.

Call 334-6991.

ISLAND COW

Where can you go when you're in the mooood for some great cook'in, local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with french doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

NERVOUS NELLIE'S CRAZY WATERFRONT EATERY

Nervous Nellie's is a casual, family-fun restaurant that boasts a large selection of appetizers, fresh seafood, over-stuffed sandwiches and entrées. Dine in air-conditioned comfort or outside on Nellie's expansive waterfront patio. Happy hour all day. Grab a bite to eat or drink and swing to the beats of live reggae, rock and island music from the area's premier musical talent.

Just upstairs from Nellie's is Ugly's Waterside Bar, the place where everyone gets prettier, and happy hour is all day, every day.

Parking for your car or boat for free
continued on page 23

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Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

Where diversity is treasured, 2756 McGregor Blvd, Fort Myers Sunday Services at 9 and 11 a.m. Adult Education Workshop at 10 a.m. The Reverend Margaret L. Beard, Minister 239-226-0900 – www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Rd., N. Fort Myers Divine Liturgy is on Sun. at 10:30 a.m.; Rosary begins at 10 a.m. Lenten services (Presanctified Liturgy) will be on Wed. evenings at 6 p.m. starting on Feb. 22. Administrator is Very Rev. Peter Lickman, ph. 305-651-0991. We are a Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Int. 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 239-481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard, 437-3171 Rabbi: Judah Hungerman Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information on full program.

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall Pastor: Barry Lentz, 281-3063 Sunday Worship, 10:30 a.m. Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH

OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers Rabbi Yitzchok Minkowicz 433-7708, E-mail: rabbi@chabadswf.org Web site: www.chabadswf.org Services: Friday 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan: Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 239-850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers.

Sunday Worship Service, 10 a.m. Wednesday Bible Study, 7 p.m.

Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188 Pastor: Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor: Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Rev. Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend.

Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, pastor Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer: Prayer Service 8 a.m. Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church for ages 5-12 available at each service.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard Fort Myers, 482-2030 Pastor: David Stauffer.

Traditional services 8:45 a.m.;

Contemporary, 10:30 a.m.

Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates.

Sunday Morning Service and Sunday School, 10:30 a.m.; Wednesday Evening Testimony Meeting, 5:30 p.m. Child care provided at all services. Visit our Reading Room for quiet study at: 2281 First Street, River District. www.time4thinkers.com, www.christiansciencefortmyers.com, www.christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor: Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

in the Downtown Fort Myers River District 2466 First Street, Fort Myers, FL 33901 239-332-1152, www.fumcftmyers.org Sunday: 9 a.m. Contemporary Worship 9 a.m. and 10 a.m. Sunday School 9:45 a.m. Coffee Fellowship 10:30 a.m. Traditional Worship 5 p.m. Youth Program

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Reverend Mark Condrey, Pastor Sunday Worship: 10:30 a.m. Church School: 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers, 482-3133. Philip White, pastor Morning Worship: 10 a.m. Church School: 10:15 a.m. Adult Forum: 11:30 a.m.

IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778 The Reverend Ray Buchanan - Rector. Weekly services: Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available at Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH:

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343 Pastor Randy and Anita Thurman 10:30 a.m. Sunday Service All are welcome.

LAMB OF GOD CHURCH

One of a few federated Lutheran (ELCA) and Episcopal Congregations in the nation. 19691 Cypress View Drive, Fort Myers, FL 33967. 239-267-3525 or visit www.lambof-godchurch.net. The Rev. Dr. James Reho leads Sunday worship services at 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 239-656-0416 Weekly Friday Meeting Meet & Greet: 6:30 p.m. Kingdom Teaching: 7 p.m. Fellowship and refreshments after service. nbcministry@embarqmail.com, www.facebook.com/nbcministry. Alex & Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers, FL 33907. 239-220-8519. Pastor Alan Bondar www.newcovenanteyes.com Wear what you want, rockin' music, relevant teaching, LIFT Kidz program, free coffee & donuts, people who are real, church that's actually fun.

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10 239-985-8503 9:45 a.m. Sunday School for all ages 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers Pastor Eddie Spencer 8 & 9:30 a.m. Traditional Worship 11 a.m. Contemporary Worship 8, 9:30 & 11 a.m. Sunday School Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services 274-1230. For more information visit: www.newhopefortmyers.org

PEACE COMMUNITY CHURCH

Meets at Fort Myers Beach Masonic Lodge 17625 Pine Ridge Road, Fort Myers Beach 267-7400. Pastors Bruce Merton, Gail & RC Fleeman Adult Discussion Classes: 9-10 AM Countdown to Worship (praise music): 10:10 AM

Amazing Grace Worship: 10:30 AM Phone 267-7400 Fax 267-7407 Web site: peacecommunitychurch.com e-mail: peace1265@aol.com

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30am. Peace is a member of the ELCA. We celebrate weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers On the way to Sanibel. 239-437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Rd, Estero 239-495-0400, Senior Pastor: Todd Weston 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. All are welcome. Guided meditations offering many meth-

ods for relaxing the body and focusing the mind on virtuous objects to bring increasing peace and happiness into daily activity. For information, class times and locations call 567-9739 or visit www.MeditationIn-FortMyers.org.

SAINT COLUMBKILLE CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Weekly Monday through Saturday 8 a.m. Weekend masses: Saturday 3 and 5 p.m.; Sunday: 7, 9, 11, and 5:30 p.m. Reconciliation is available at the church on Saturdays at noon and by appointment

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012 Pastor Reverend Steve Filizzi An Affirming & Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 239-939-1218, Worship: Saturday 5:30 p.m., Sunday 8 & 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m. Phone for other dates & times. Plus Marriage Enrichment, Divorcecare, Griefshare.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 239-463-4251, www.stpeterfmb.com. Sunday services 8:30 and 10:30 a.m. Coffee fellowship between services. Wednesday Lenten services at 7:30 p.m. through March 25.

SAINT NICHOLAS MONASTERY

Church and Bookstore: 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services: Sundays and Holy Days: Hours at 9:30 a.m. Holy Liturgy at 10 a.m. Call to confirm service schedule: 239-997-2847; Bookstore: 239-691-1775 or visit www.saintnicholasmonastery.org.

ST. VINCENT DE PAUL CATHOLIC COMMUNITY

13031 Palm Beach Blvd (3 miles east of I75) East Fort Myers (across from Ft Myers Shores) 239 693 0818 Weekday masses: 9 a.m. Tuesday-Friday Weekend masses: 4 p.m. Saturday Sunday 9 & 11 a.m. All Are Welcome!

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336 Robert G. Kasten, Pastor Sunday Worship Service 11 a.m. Nursery available

9:45 a.m. Sunday School for all ages

Junior Church grades one to five

Wee Church Pre-K to K

Evening Service 6 p.m.

Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers 239-433-0018, www.templebethel.com rabbi.barras@templebethel.com Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser Union For Reform Judaism Shabbat Service: Friday 7:30 p.m. Torah Study: Saturday 9:30 a.m. Religious School: Wednesday 5:30 p.m. and Sunday 9:30 a.m.

Learning Tree: Monday through Friday

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TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings Services: Friday night at 6:15 p.m. and Saturday morning at 9 a.m. Web site: www.tjswfl.org.

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Churches/Temples

THE NEW CHURCH

The New Church of SWFL is located 10811 Sunset Plaza Circ. #401, behind Zoomers. Rev. Gabriella Cahaley officiates worship services on Sundays at 11 a.m. during the season. Other worship events are held on the beach in Fort Myers Beach. See our webpage <http://www.newchurchflorida.com/> or call for more information 239-481-5535.

UNITARIAN UNIVERSALIST CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister: The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. For information on all church events call 561-2700 or visit www.uucfm.org.

UNITY OF BONITA SPRINGS

Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment. Service held at 28285 Imperial Street, Bonita Springs. Call 947-3100.

UNITY OF FORT MYERS

11120 Ranchette Rd, Fort Myers. Sunday Services: 9:15 and 11 a.m. Children's classes: 11 a.m. Reverend Jim Rosemergy. 239-278-1511, web: www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor: Robert Brunson. Sunday Service: 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Ave, Fort Myers, 274-8881; Services: Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers, 481-4040, Pastor Curtis Deterding. Sunday Services 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. Web site www.zionfm.org.

Torah Study At Temple Judea

On Thursday, April 2 at noon, Temple Judea's Rabbi Sack begins an hour-long Torah study that includes an open discussion of Torah and Judaism where all levels of background and all questions are encouraged.

The session is held on the first Thursday of the month at the office of Myers, Bretthoitz & Company, 12671 Whitehall Drive in Fort Myers. Bring a chumash if you have one. Rabbi Sack will bring the text for the session.

Temple Judea is located at 14486 A & W Bulb Road in Fort Myers. For more information, call 433-0201 or send an email to tjswfl@gmail.com.

Second Night Seder

On Saturday, April 4 at 6:30 p.m., Temple Judea is having a Second Night Seder with a traditional Kosher for Passover menu prepared by Dalia Hemed.

The cost to attend is \$36 per adult and \$18 per child. It's free for children three and under.

Space is limited and the deadline for reservations is March 30.

Temple Judea is located at 14486 A

& W Bulb Road, Fort Myers. For reservations, call Gina at 433-0201 or email tjswfl@gmail.com.

Community Easter Sunrise Service Ends

Organizers of the Community Easter Sunrise Service at City of Palms Park announced that the service will no longer be conducted, ending a 60-plus year tradition in Fort Myers.

Pastor John Daugherty of CityGate Ministries, who has served as chairman of the event, said the decision was reached after discussions with the dozen churches that have traditionally participated in the sunrise event.

Daugherty added that the decision was based on the area's growth and increased number of churches in the area. Attendance has held steady at 1,500 to 3,000 people for several years and was not a factor in the decision, he noted.

Fort Myers is no longer dominated by five downtown churches the way it was when the service started in the 1950s, according to Daugherty, speaking on behalf of the Easter Sunrise Committee.

There are now more than 300 churches in Lee County, many of which conduct their own sunrise services, he added.

"Given the changing culture in many of our congregations and our community, it seems the tradition of an Easter sunrise service at City of Palms Park no longer

has the same value it once did, especially in the early days of the service," said Daugherty.

The Community Easter Sunrise Service has been a tradition since the 1950s and has moved over the years from the Fort Myers High School Stadium to Centennial Park to City of Palms Park, where it has been held for the past 21 years. Last year, more than 3,000 people attended the service.

The downtown pastors rotated delivery of the principal sermon during the past few years. Attendance was highest when the sermon was delivered by a guest speaker such as the Rev. Will Graham of the Billy Graham Evangelistic Association, who spoke in 2010, attracting an audience of 4,500. The record was held by former Florida State University head football coach Bobby Bowden, who spoke to 7,000 at the baseball stadium in 1997.

Easter Services At St. Peter Lutheran

The Easter worship schedule St. Peter Lutheran Church on Fort Myers Beach is:

- Palm Sunday, 8:30 and 10:30 a.m.
- Maundy Thursday, 7:30 p.m.
- Beach community Good Friday service at noon.
- Easter Sunday at 8, 9:45 and 11:15 a.m.

St. Peter Lutheran Church is at 3751 Estero Boulevard. Call 463-4251 for more information or visit www.stpeterfmb.com.

Village Church Welcomes Organist

The Village Church at Shell Point will welcome acclaimed organist Diane Bish at 6:15 p.m. on Easter Sunday, April 5, for the final performance in the 2014-15 Season of Praise Concert Series.

Known as "The First Lady of the Organ," Bish is the host of *The Joy of Music*, a television journey around the world with renowned organists and guest artists. Bish's classical artistry is internationally recognized, and she dedicates her talent to the glory of God.

"Diane Bish is the most visible and influential classical organist performing today, and we are delighted that she is joining us for this evening concert in celebration of Easter Sunday," said Randy Woods, Minister of Worship at The Village Church.

Tickets for this event are now on sale and cost \$10 each. To purchase tickets online, visit www.shellpoint.org/season-of-praise or call The Village Church at 454-2147.



Diane Bish

SPRING BAZAAR

Sanibel Congregational United Church of Christ is hosting its Annual Bazaar



SATURDAY, MARCH 28th, 9AM-1PM

Local artists and crafters will be selling Baskets, Soaps, Paintings, Plants, Photography, Candles, Fused Glass, Herbs, Jewelry. There will be Baked Goods, a Silent Auction; gently used furniture, household items and books.

Proceeds benefit area missions supporting women and children

(239) 472-0497

2050 Periwinkle Way, Sanibel, FL

www.sanibelucc.org

Read us online at IslandSunNews.com

Tarpon Fishing Should Kick Off Early This Spring



by Capt. Matt Mitchell

More outstanding weather, easy to catch bait and consistent fishing action made being out on the water working all week a real pleasure.

Snook fishing remained strong with non-stop action on mostly under-slot-size fish as the bulk of the fish are slowly making their way towards the passes and beaches from the back country. Higher daytime tides are finally giving anglers a better opportunity for catching redfish. Larger trout are also starting to show up in good numbers on the flats and in the passes

Good numbers of snook were caught anywhere from the way back mangrove

creeks all the way throughout the sound and out to the beaches. Many of the sheltered mangrove creek hangouts of these fish have now become just about un-fishable due to the crazy amount of no-see-ums on the wind-free, super calm days. The sheer number of snook in our area is very impressive with 30-fish-plus trips being pretty normal while live shiner fishing. Slot-sized fish on the other hand have been harder to come by, but most days my clients have at least had a chance or two at closing the deal on a keeper. A warm spring will only make this snook fishing better and better.

After what has been months since we have had good tides to target redfish, our spring high tides are now here. Places I have not tried for redfish since the fall because of low water conditions are now accessible and are producing middle slot-sized and better redfish. Cut bait including ladyfish and mullet along with tail-hooked live pinfish are catching these reds.

When planning a redfish trip look for a two-foot or higher tide to fish mangrove islands and shorelines.

Oyster bars in the middle sound were also a good place to catch a mixed bag of fish including snook, redfish and trout. Cut bait and free-lined shiners were the



Tom Ambrosio from Fort Myers with a 24-inch gag grouper caught while snook fishing in the mangroves this week

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

CLEAR YOUR GEAR It Catches More Than Fish



Fishing gear can kill
birds, reptiles
and mammals



baits of choice. Fish the sand holes out from the bars on the lower stages of the tide then up on the edges of the oysters as the tide pushes up.

While running around the sound this week I did spot a few rando, free-jumping tarpon. Although I've yet to start taking tarpon trips this spring, I now carry a few larger spinning rods on board rigged and ready to go for when the opportunity presents itself. With the calm mornings we have experienced several days this week I imagine it should be any day now when we are lucky enough to hook into that first tarpon of the season.

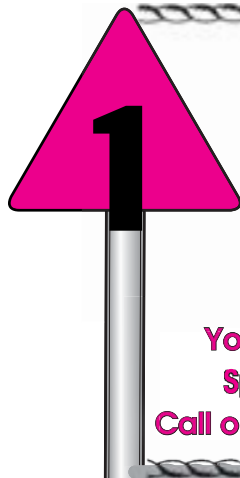
It has been at least three or four years since we have had a early jump on tarpon fishing but with our water getting so warm so early, I hope we'll be able to target tarpon the whole month of April.

The only drawback of springtime that comes to my mind is that the haphazardly placed manatee speeds zones in Pine Island Sound go back into effect April 1. After being able to run our boats freely in many of the sheltered bays and creeks in the southern and middle sound all winter long, it will soon be all done until

November.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✱

Share your community
news with us.
Call 415-7732,
Fax: 415-7702
or email
press@riverweekly.com



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Dave Doane

CROW Case Of The Week:

Gopher Tortoise
Afloat At Sea

by Patricia Molloy

What began as any other day on the water for Captain John Houston quickly turned into a rescue mission. On March 20, Houston left the marina at 'Tween Waters

Resort, Captiva, with a small charter group looking forward to a relaxing day of trout fishing. As he was cruising, the captain noticed a large object bobbing in the water and drew closer to investigate.

"At first I thought it was a green turtle, so I spun the boat around, but its body was too boxy. Once I was there, I realized it was a gopher (tortoise) so I pulled him on the boat. His eyes were swollen shut, I guess from the saltwater, so I rinsed him off with fresh water and put him in the shade on the back of the boat," Houston explained. "I called CROW and told them I'd be in in a couple of hours and arranged to meet someone. About an hour after I washed him off, he was feeling better and cruising around the boat."

The gopher tortoise (*Gopherus polyphemus*) is a land-dwelling turtle that uses its strong, shovel-like front legs to dig tunnels, not swim. "Gopher tortoises are not

equipped to swim long distances in freshwater, much less saltwater," said Dr. Heather Barron, veterinarian. "I would have expected such a heavy tortoise to sink, not float."

When the tortoise arrived, the patient (#15-0522) was severely dehydrated. "We could tell just based on how wrinkled his skin looked and his eyes were very sunken. The salt just leached the water from his body," recalled Dr. Brittany Stevens, DVM intern. "We immediately gave him fluids and a dose of injectable antibiotics."

The wildlife veterinarians also discovered ulcers in the patient's eyes. Most likely, the high salinity level of the ocean water caused irritation which in turn led the tortoise to scratch its eyes vigorously. A soothing medicated ointment was applied to his eyes and the ocular damage cleared-up within a week. The tortoise is still suffering from a nasal discharge related to its salt-water experience, but its overall condition is improving.

"He's still getting antibiotics and he's eating on his own now. He receives daily treatments to make sure that his



The ulcers in the tortoise's eyes have healed, however the patient (#15-0522) still has a discharge coming from its nose. Its shovel-like front legs are equipped for digging tunnels, not paddling in the water.

nasal passages stay nice and clear and lubricated. But he's improving," said Dr. Brittany.

Still, it is quite a mystery how the land-

lubber managed to get so far away from the safety of the shore. "I doubt anyone else has seen a gopher tortoise swimming

continued on page 29



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Plant Smart

Sorting Out Lantanas



Native buttonsage produces year-round flowers and the berries attract wildlife
photos by Gerri Reaves

by Gerri Reaves

Lantanas are among the most popular and easy-to-grow shrubs in South Florida. These drought-tolerant plants of the verbena family attract butterflies and birds and thrive in full sun.

But before buying the first species you find at a garden center, take some time to sort through the choices. The hybridiza-



Pineland lantana is listed as endangered in Florida

tion of native species with non-native has already caused documented environmental harm.

Of the three lantanas native to Florida, two are listed by the state as an endangered species.

Of the two other common lantanas in the area, one is a non-invasive nectar plant and the other a species to ban from your yard.

Native buttonsage (*Lantana involucrata*) is also called wild sage and white

lantana. Its dense clusters of five-lobed white or yellow tubular flowers are sometimes lavender-tinged.

Usually four to six feet high, it produces small dark-blue to purple berries that are a food source for wildlife. The coarse-textured oval leaves have toothed edges, fuzzy surfaces, and a pungent smell when crushed, thus the name sage. They can be used for seasoning food.

Endangered native pineland lantana (*Lantana depressa*), also called rockland shrubverbena, produces clusters of yellow tubular flowers throughout the year. The color and fragrance are subtle but highly attractive.

Its leaves are also rough-textured and toothed, but this species is low-growing in contrast to buttonsage.

It is also known as Florida lantana, and its native habitat, pine rocklands, shares its endangered status.

The hybridization of this lantana by the non-native *Lantana camara* has caused confusion in the nursery industry by contaminating the gene pool of all varieties of pineland lantana.

Another native, hammock lantana (*Lantana canescens*), or hammock shrubverbena, is also endangered. This very rare plant has been extirpated from its native habitat, southern Miami-Dade County's rock ridge.

This short-lived perennial reaches up to about six feet tall. Both surfaces of the leaves are hairy, and flattened clusters of white tubular flowers with yellow centers

appear on long stalks. Both the fruit and seeds are very small.

Of the two common non-native lantanas, trailing shrubverbena (*Lantana montevidensis*) at least is not invasive and is sterile.

Also called trailing or weeping lantana, it is low, woody and vine-like. The lavender flowers attract butterflies.

However, the other, *L. camara* is one to get rid of, because of hybridization with natives. The Florida Exotic Pest Plant Council classifies it as a category-1 invasive pest plant.

Its flowers come in a wide range of colors and are often two-toned or multi-colored.

The *L. camara* hybrid "gold mound" is sometimes erroneously sold as pineland lantana. At least the substitute is sterile.

To add to the species' rap sheet, it is highly toxic to grazing livestock, and children have died from eating the unripe seeds.

Sources: *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; *The Shrubs and Woody Vines of Florida* by Gil Nelson; *Everglades Wildflowers* by Roger L. Hammer; *Waterwise: South Florida Landscapes*, South Florida Water Management District; fnps.org; centerforplantconservation.org; www.fs.fed.us; dep.state.fl.us; and floridata.com.

Plant Smart explores the diverse flora of South Florida.✱

Fisherman's Paradise:

The Power Of Faith



by Cynthia A. Williams

Berry C. Williams (1915 to 1976) was something of a legend as a fisherman in the waters off Fort Myers in the 1950s and early 1960s.

Reproduced for you here are chapters from his unfinished *Fisherman's Paradise*, an account of his fishing adventures that are often hilarious and always instructional. It is presented by Williams' daughter, Cynthia Williams, a freelance writer and editor living in Bokeelia on Pine Island.

Chapter VIII Part V

The Episcopal Mission Church to which Berry belongs is throwing a fish fry as part of a membership drive. Berry has a few hours to catch the fish needed to feed 200 people at the senior warden's house on the river that afternoon. He has hooked his second big redfish of the day and is working him out of the mangrove roots.

It took me a few minutes to maneuver him to the other side of the boat where he wouldn't get fouled up in the anchor

line. Then, he was off and running again. I let him tire himself out so I could sack him up with the net, which I had gripped between my chin and collar bone. Once I had him sliding on the flat of his back toward the boat, it was easy pickings to hoist him into the boat. This one was even bigger than the first – all of 15 pounds, I gleefully calculated.

With this phenomenal success, I was absolutely certain that I'd established a rapport with the Almighty. After baiting up again, I yelled, "Fire three! Third verse, same as the first!" and flipped my line out to the same spot. After two or three minutes, I brought in an empty line. Then, I cast several yards to the left and within a few minutes, I had bully boy number three in the boat. I was really riding high now, reveling in gusty confidence. Nor did my enthusiasm waver until I had nine of the beautiful reds stacked in my galvanized ice tray. Then, for some reason, I made six unsuccessful casts. The logical explanation, of course, is that I had fished that spot out. Nine out of one spot is far better than average fishing, so I wasn't the slightest bit discouraged. I decided that I'd better move on up to Wulfert Keys.

After getting the anchor up, I turned the key to one of my electric motors, only to get a blank click. How well I knew that sickening sound. A dead battery. With my heart in my throat, I switched that key off and tried the other one. Second verse, same as the first. Dead battery.

To be continued next week...✱

Hydroponic Systems Workshop Offered At Alliance GreenMarket



Tadeo Camacho presenting a hydroponics workshop at the GreenMarket

The Alliance for the Arts GreenMarket continues its free gardening and urban farming presentations on Saturday, April 11 at 10:30 a.m. with Small Hydroponic Systems for the Home Grower. Hydroponics is the process of growing plants in sand, gravel or liquid, with added nutrients but no soil. This technique can be used at any scale, from large commercial growers to the home kitchen garden. Hydroponic systems require very little space, are environmentally-friendly, and allow an incredible variety of home grown produce to be added to the family table, including many kinds of greens, tomatoes, peppers, eggplants and herbs.

The workshop will be conducted by Tadeo Camacho of Father's Greenhouse, a hydroponic farm in North Fort Myers. Camacho has many years' experience with hydroponics, both locally and in his native Costa Rica. His hour-long presentation will be followed by a question-and-answer session. The class is free, but a small donation is appreciated, as it helps the Alliance to continue bringing these presentations to the public. Attendees are encouraged to take notes during the workshop.

The Alliance for the Arts GreenMarket, now in its fifth year, features a variety of local growers, bakers and artisans, and gives back to the community by offering free yoga, gardening workshops, live music, art activities and opportunities to support

continued on page 15

Journalist Team To Fish 'Ding' Darling And Doc Ford's Tarpon Tournament



Only 25 spots remain for this year's tarpon tournament

Four journalists from Scotland and Denmark will team up to fish and cover the 4th annual "Ding" Darling & Doc Ford's Tarpon Tournament on Saturday, May 9. The combined circulation of the team's news and fishing publications is greater than 2.3 million readers.

Captain Jim Patrick from the United Kingdom writes for the *Daily Sun* and *Scottish Sun* newspapers. Teammate Paul O'Hare covers news, sports and other

features about Scotland for the *Daily Record*. Paul Fenech will be covering the tournament for the monthly *Sea Angler Magazine*, while Niels Lagergaard Pedersen from Denmark writes for the monthly *Fiske Avisen*.

The team's participation was made possible through a partnership between the Lee County Visitor & Convention Bureau and the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

"The reporters are all avid anglers, but none have fished for tarpon before, so it should be exciting for everyone involved," said Birgie Miller, DDWS executive director and event organizer.

DDWS sponsors the tournament along with Doc Ford's Rum Bar & Grille and other local businesses and individuals. The tournament is unique locally because it pays out 100 percent of the entry fee (\$500 per boat of up to four) as tournament awards. Up to 50 boats participate; only 25 spots remain.

"There's not another tarpon tournament like it in the area," said Marty Harrity, Doc Ford's co-owner. "In past years, we've had fishermen from all over the country. This year, it looks like we can expand that to 'all over the world.'"

The tournament's Captains Dinner takes place the evening prior, Friday, May 8, at Doc Ford's Rum Bar on Fort Myers Beach. Following Saturday's competition, the Silver King for "Ding" After-Party at Doc Ford's will be open to the public with limited tickets available at \$50 for each non-fisherman, including dinner and a silent auction. Proceeds will benefit wildlife and conservation education at the JN "Ding" Darling National Wildlife Refuge on Sanibel.

"Last year, we raised \$40,000 for the refuge as a result of sponsorships, donations and auction proceeds," said Miller. "We're so grateful to Doc Ford's and our other sponsors for this huge effort in our behalf."

For more information on the tournament, visit www.dingdarlingtarpontourney.org. Anyone interested in becoming a tournament sponsor should contact Miller at 292-0566 or director@dingdarlingsociety.org.

Tournament sponsors include: Title Sponsor – Doc Ford's Rum Bar & Grille. Presenting Sponsor – Diversified Yacht Services. Platinum Sponsors – Sanibel Bean, *Florida Weekly*, Lamar Advertising, Suncoast Beverage. Gold Sponsors – Anisa Jewelry, Bass Pro Shops, Bella Signs & Designs, Captiva Diva, Fort Myers Marine, Holiday Inn Sanibel Island, *Island Sun/River Weekly News*, Law Office of Janet Strickland PA, Media Source, Raiser's Edge, Sanibel Captiva Community Bank, Sanibel Island Fishing Club, Sanibel Oasis & Sanibel Gear, Whitney's Bait & Tackle. Silver Sponsors – *Island Sand Paper*, Must Do Visitor Guides & MustDo.com, Sanibel Island Fishing Club, Semmer Electric, Vasanta Senerat, CPA, PA.✱

From page 14

Hydroponic Systems Workshop

and engage with environmental causes in Southwest Florida.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.✱



Tadeo Camacho at his hydroponic farm in North Fort Myers

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Pat Cleveland painting

From page 1

Art Quilters Exhibit

the vision changes as well. All of the paintings are rendered in oil on canvas and include various subjects of landscapes, portraits, animals, florals and still life.

A graduate of Traphagen School of Design in New York, Cleveland worked

as an interior designer for Bloomingdales. Originally from New Jersey, she moved to Cape Coral in 1975 and was employed by Robb & Stucky. After retirement, she became a member of local art leagues, showing her work in group and solo shows winning awards and notices. In later years, her paintings were represented by art galleries in Fort Myers, Sanibel, Naples and Matlacha. Her work

America's Boating Course

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons that serves South Fort Myers, Fort Myers Beach, Bonita Springs and Estero, will be offering America's Boating Course on Saturday, April 4, from 8:15 a.m. to 12:30 p.m. This course is recognized by the National Association of State Boating Law Administrators. The state

of Florida recently passed legislation requiring anyone born after January 1, 1988 to have passed a safe boating course and obtain a Boating Safety Education ID card, which is valid for life, in order to operate a boat with more than 10 HP. Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of the class. The course consists of two sessions on consecutive Saturdays. The second session will be on Saturday, April 11, also from 8:15 a.m. to 12:30 p.m.

Topics covered include hull design, docking, anchoring, handling boating emergencies, reading channel markers and other topics to make each boating experience safer and more enjoyable. Successful completion of this course entitles the boater to six months free membership in a United States Power Squadron.

The cost of the course is \$45 with a \$20 cost for a second person sharing the instruction materials.

The course will be taught at the San Carlos Bay Sail & Power Squadron Classroom located at 16048 San Carlos Boulevard at the corner of Kelly Road (across from ACE Hardware). Register online at www.scbps.com or call the office 466-4040.✱

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Piece by Tom Nagata

is in the collections of celebrities such as actress Lily Tomlin, Russian Ice Dance Olympic Gold Medalists, local and national collectors.

Off the Main Gallery is artwork by painter Tom Nagata. Born of Japanese-American parents in 1947 in Honolulu, Hawaii, Nagata graduated with a BFA in graphic design from Ohio University. He began his career in the field of education and moved to Fort Myers to teach in the Lee County School District. His original works began in acrylic, his limited edition silk-screen pieces ranged from

four to 21 colors. His works soon blossomed into 30x40-inch gallery-wrapped canvases that tease the eye into following the painting around its edges. The subjects reflect his youth in Hawaii, orchids, koi and more. Paying close attention to detail, he laboriously applies layers of pigments that are watered to create different tones and hues. The process is very time-consuming, often taking two to three months per original.

Arts for ACT gallery is located at 2265 First Street.✱

League Of Women Voters

The League of Women Voters of the United States is celebrating 95 years of Making Democracy Work at every level of government. In 1920, the league was founded as an outgrowth of the movement that secured women the right to vote. It has been powered by the efforts of civic volunteers and activists in Lee County over the decades to successfully take on a range of key issues, including sustained efforts to insure that elections are fair, free and accessible, to protect the environment and to improve access to health care.

As part of its ongoing commitment to increase understanding of issues, The League of Women Voters of Lee County invites the public to a program titled Water Quality with Emphasis on the Everglades, on April 4 from 9 to 11 a.m., presented by Ray Judah, coordinator for the Florida Coastal and Ocean

Coalition.

The meeting is to be at The Landings Helm Dining Room, 4420 Flagship Drive, Fort Myers.

Judah is a strong advocate for balance between growth management and responsible stewardship of natural resources. He has received numerous awards for his leadership and innovation and his work to safeguard the environment including water resources, open space, wildlife habitat. He was a Lee County Commissioner from 1988 to 2012.

Cost including optional breakfast is \$15. Reservations are required. To reserve, call 278-1032 or e-mail lwvlee@yahoo.com. Registration begins at 8:45 a.m., breakfast is served at 9 a.m. and the program starts at 9:30 a.m.

Membership is open to men and women of all ages. Information on the programs and issues of the League of Women Voters is available at www.lwv.org, www.lwvfla.org, and www.lwvlee.org.✱

Bikers Vs. Brainers Trivia Tournament

On Sunday, April 12 from 5 to 7 p.m., a team of motorcyclists will go head-to-head with a team of MENSANS in a Bikers Vs. Brainers trivia tournament at the Royal Palm Yacht Club to benefit the SWSF MENSA Scholarship Fund. The event is open to the public and there is no admission charge. Come and learn a little... and laugh a lot. Additional contributions for the scholarship fund will be gladly accepted.

The City Pier Building at the Royal Palm Yacht Club is located at 1300 Hendry Street in Downtown Fort Myers. ✱

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National Poetry Month At The Alliance



Celebrate National Poetry Month at the Alliance for the Arts in April with the return of ArtPoems on April 8 and BroadSides: Poetry off the Shelf on April 16. Both these collaborative events pair poets with visual artists in uniquely different ways.

Now in its ninth year, ArtPoems pairs a group of 11 visual artists with 11 poets, each receiving inspiration from the other to create new works to be read live on the night of the event. Poets perform their works, while the paintings, sculptures, photography and mixed media artworks they inspired are exhibited. A local musician and Dance Alliance will accompany several of the ArtPoems presentations. ArtPoems is 7 to 9 p.m. on Wednesday, April 8 in the Foulds Theatre at the Alliance for the Arts. There is a \$10 suggested donation at the door.

Participating poets:
 Dorothy Brooks
 Carol Drummond
 Dan England
 Joyce Berrian Ferrari
 Holly McEntyre
 Gary MacLouth
 Joe Pacheco



Embryonic by Berry van Boekel and Allison Serraes

Sid Simon
 Larry Stiles
 Lorraine Walker Williams
 Dr. Pat Washington
 Participating artists:
 Honey Costa
 Megan Davis
 Vic Delnore
 Paula Eckerty
 Kellen Beck Mills
 Jan Palmer
 Paul Rodino
 Roy Rodriguez
 Jonas Stirner
 Berry Van Boekel
 Christina Wyatt

Now in its second year, BroadSides merges the words of 15 poets with images created by 15 visual artists into printed



The Record Player by Leo Johnson and Naomi Rosado

posters. Historically, “broadSides” are a form of printed communications containing a mixture of text and images, typically designed to be posted in a public places. BroadSides: Poetry off the Shelf begins at 7 p.m. There is a \$10 suggested donation.

Participating artists:
 Hoolie Prytyka
 Sheila Elsea
 Toni Ferrell
 Krista Johnson
 Cheryl Fausel
 David Acevedo
 Buck Ward
 Tracy Cullimore
 Dennis Church
 Steve Chase
 Leila Mesdaghi
 Jeffrey Scott Lewis
 Celeste Borah
 Marilyn Hedlund
 Terry Lynn Spry

Participating poets:
 Lorraine Walker Williams
 Mary Beth Lundgren
 Linda Hughes
 Robert Hiatt
 Marilyn Mecca



Untitled Love Poem #2 by Paul Rodino and Robert Lerew

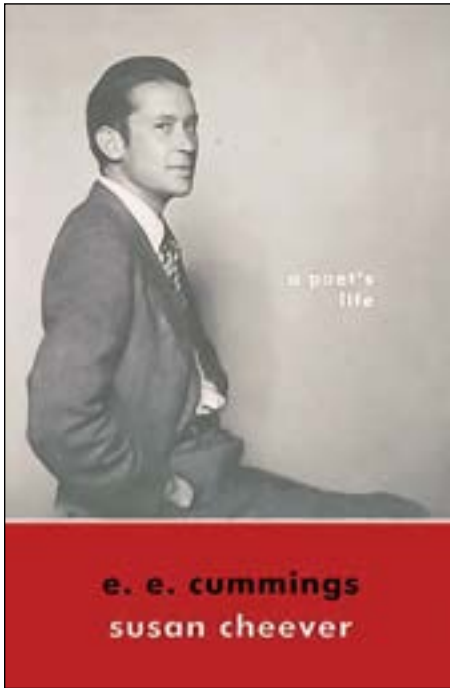
Jim Gustafson
 John Robilotta
 Marnie Heenan
 Joan Heller Winokur
 John Davis
 Larry Stiles
 Jim Brock
 Gary McLouth
 Joe Pacheco
 Jesse Millner

The public is invited to see the finished broadSides and hear the poets read their works during a reception on Thursday, April 16 at 7 p.m. There is a \$10 suggested donation. Limited edition prints of the broadSides will be exhibited and available for purchase.

These events are made possible in part with support from the Florida Division of Cultural Affairs. For more information, visit www.ArtInLee.org or call 939-2787.

The Alliance for the Arts campus and galleries are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays, located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.✽

Alliance Book Club Meeting



cuss *e.e. cummings: a life* by Susan Cheever. The Member Gallery Book Club meets the third Tuesday of every month.

In Cheever’s rich, illuminating biography, we see Cummings idyllic childhood years in Cambridge, Massachusetts; his Calvinist father, a distinguished Harvard professor and sternly religious minister of the Cambridge Congregational Church; his mother, loving, attentive, a source of encouragement, the aristocrat of the family, from Unitarian writers, judges, and adventurers. We see Cummings, slight, agile, playful, a product of a 19th century New England childhood, bred to be flinty and determined; his love of nature; his sense of fun, laughter, mimicry; his desire from the get-go to stand conventional wisdom on its head, which he himself would often do, literally, to amuse.

The book club continues the third Tuesday of every month. *The May title is Off the Wall: A Portrait of Robert Rauschenberg* by Calvin Thomas.

Alliance individual memberships are \$50 annually, \$75 for families and \$15 for college students. Membership benefits include 20 percent discounts on all classes and camps, free open studio sessions, discounts on concert and theatre tickets, and member only exhibition opportunities. Visit www.ArtInLee.org or call 939-2787 to learn more or become a member today.✽

Young Lawyers Division Gives Grant

The Lee County Bar Association’s Young Lawyer’s Division (YLD) received a \$3,500 grant on behalf of the Guardian ad Litem Foundation of the 20th Judicial Circuit. The foundation raises funds to recruit and train volunteer advocates for abused and neglected children and to address the children’s unmet social, health and educational needs. The YLD’s grant will help fund the foundation’s Beds for Kids Program in which children are provided

a bed, bedding and a stuffed animal to sleep with.

Lee County’s YLD applied for and received the grant through the Florida Bar Association, which offers grants to local young lawyers divisions in support of charitable activities. The Lee County division presented their grant idea to representatives of the Florida Bar at their Annual Affiliate Outreach Conference, which was held in St. Petersburg, Florida.

Anyone interested in becoming a volunteer, or who would like more information regarding the foundation, may contact The Guardian ad Litem Foundation Fort Myers office by phoning 533-1435, via email at program@GALFoundation20.org or by logging onto www.voicesforkids.org.✽

Members of the Alliance for the Arts will gather on Tuesday, April 21 at 6:30 p.m. to dis-

To advertise in *The River Weekly News* Call 415-7732

Cypress String Quartet Performs

The Cypress String Quartet – comprised of Cecily Ward, violin; Tom Stone, violin; Ethan Filner, viola; and Jennifer Kloetzel, cello – will perform a recital at the Sidney and Berne Davis Art Center (2301 First Street) on Friday, April 24 at 8 p.m. The program will include Schulhoff's *Divertimento*, Bartók's *Quartet No. 4* and Beethoven's *String Quartet Op. 59 No. 3*. Cocktails will be served before the concert at 7 p.m.

Beethoven's *Quartet Op. 59 No. 2* is featured on the Cypress' newest album, *Beethoven: Middle Quartets*, released last November. The Cypress Quartet has steeped itself in performing Beethoven's string quartets over the last 18 years.

"Hardly a week has passed that we haven't been studying or performing one of Beethoven's string quartets," said cellist Jennifer Kloetzel. "Our first 12 years together were spent exploring, performing, and crafting our 'take' on the Late Quartets and then we made the choice to move backwards in time to these robust, earthy pieces – the Middle Quartets – so rich and massive after the more spiritual Late Quartets."

The Cypress Quartet released recordings of Beethoven's late string quartets in three volumes from 2009-12, with a full box set released in March 2012. Of Czech composer Erwin Schulhoff's rarely performed *Divertimento*, Kloetzel said,



Cypress String Quartet

"Schulhoff's rarely-heard *Divertimento* is full of cleverness and shows the promise of this amazing young composer (the piece was written when he was just 20 years old)."

Formed in San Francisco in 1996, the group created a signature sound through intense readings of J.S. Bach's Chorales. Built up from the bottom register of the quartet and layered like a pyramid, the resulting sound is clear and transparent, allowing the texture of the music to be discerned immediately.

The Cypress String Quartet continues to maintain a busy national and international tour schedule, making appearances on concert series and in venues including the Kennedy Center, Library of Congress, Stanford Lively Arts, Krannert Center and the 92nd Street Y's series at SubCulture, a new downtown music venue in New York. Their collaborators include artists such as Leon Fleisher, Jon Nakamatsu,

photo by Gregory Goode

Awadagin Pratt, Gary Hoffman and Zuill Bailey.

To date, the Cypress Quartet has commissioned and premiered over 30 pieces, four of which were chosen for Chamber Music America's list of "101 Great American Ensemble Works." Commissioned composers include Benjamin Lees, Jennifer Higdon, Kevin Puts and Elena Ruehr.

The members of the Cypress Quartet play exceptional instruments including violins by Antonio Stradivari (1681) and Carlos Bergonzi (1733), a viola by Vittorio Bellarosa (1947) and a cello by Hieronymus Amati II (1701). The Cypress Quartet takes its name from the set of 12 love songs for string quartet, *Cypresses*, by Antonin Dvorák.

For more information, visit www.cypressquartet.com.

FPRA Hosts Local Image Awards

The Florida Public Relations Association (FPRA) Southwest Florida Chapter is pleased to announce it will be hosting the 2015 Local Image Awards Ceremony on Tuesday, April 21 from 6 to 8 p.m. at The Marina at Edison Ford in Fort Myers.

The Image Awards competition is conducted annually by the Southwest Florida Chapter of FPRA to recognize outstanding public relations programs and to encourage and promote the development of public relations professionalism in our region. It has become a standard of public relations excellence in Southwest Florida. Winners demonstrate the very best examples of innovation, planning and design.

Tickets are \$45 for members, \$50 for non-members and \$25 for students, and are available at www.fpraswfl.org or by calling 590-4504. Attendees must RSVP by Monday, April 6. The Marina at Edison Ford is located at 2360 West First Street in Fort Myers.

Sponsors are The Marina at Edison Ford, Lee County Port Authority, Pure Florida, Susan Bennett Marketing and Media, L.C., Intech Printing & Direct Mail, Inc., Full Circle Productions, LCEC and Florida SouthWestern State College.

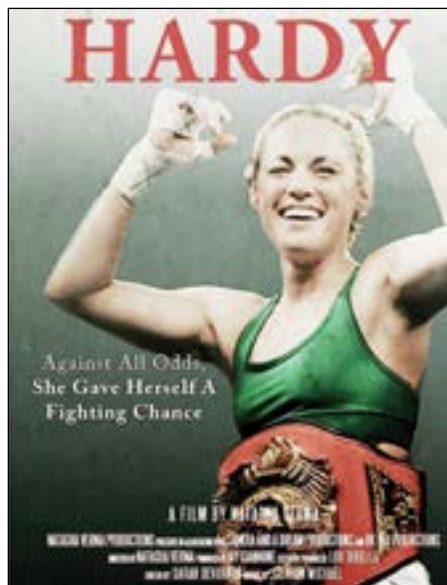
Female Boxer's Story At Film Festival

Heather Hardy has garnered headlines with every punch, and rightfully so, when a single mother from Brooklyn, unfiltered, strong-minded and authentic, decided to become a professional boxer.

The new documentary, *Hardy*, takes viewers behind the scenes into her complex and unique life as a female fighter, single mother, girlfriend and determined business woman. The film is directed by NBC2 Anchor Natasha Verma and executive produced by New York's biggest boxing promoter, Lou DiBella. The film will screen at three locations during the Fort Myers Film Festival. There will be a champagne brunch at Broadway Palm at 1 p.m. on Sunday, March 29.

"The film is a behind-the-scenes look at what it takes to be in my shoes. Nothing was handed to me and I'm not 'lucky' as some people might think," says Hardy. "There is so much more to achieving success in this sport beyond training and winning. It's not easy carving out a spot and making myself unforgettable, marketing my brand, selling tickets and simultaneously being a full time mother and father."

Hardy follows Heather as she works her way from amateur boxer in Brooklyn to professional boxer. The 73-minute documentary reveals the struggles of a



woman in a man's world and the turbulent past that influenced her to find her talents as a fighter. The film sheds light on the exciting and surprisingly vulnerable woman behind the gloves.

"As a fighter you're trained to be guarded, but Heather is strikingly honest in this revealing film. This is not a boxing film, but a movie about a woman searching for her purpose in life," says DiBella. "Her search for identity is sometimes unconventional and may seem impossible to many, but that's what draws you into the film. The film is full of real life characters, dramatic revelations and edge-of-your-seat moments."

Director Natasha Verma met Heather

while on location for a photography project at Gleason's Gym. Heather caught her attention while training for her professional debut.

"When I first met Heather, she was homeless amid Hurricane Sandy raising her daughter as a single mother," says Verma. "She had nothing but two hands and an unbreakable will. After watching her in the ring a couple of times, I was hooked."

First-time director Verma was raised in South Texas and is the youngest ever Columbia University Journalism Graduate. As well as the youngest ever graduate from the University of Texas with two degrees, in broadcast journalism and biology (pre-medical). She currently works as an anchor for NBC-2 News in Fort Myers.

The documentary features interviews and cameos by Curtis "50 Cent" Jackson, Adrien Broner, Ann Wolfe, Kathy Collins and Lou DiBella. The film was shot over two years in the New York area and Texas, at local boxing shows and inside the legendary Gleason's Boxing Gym in Brooklyn.

Hardy Fort Myers Film Festival screening schedule:

Thursday, March 26, 5 p.m. at Regal Cinemas Bell Tower 20;

Friday, March 27, 6:30 p.m. at Alliance for the Arts; and

Sunday, March 29, 1 p.m. at Broadway Palm Dinner Theatre

For more information on *Hardy* and to purchase tickets to the film, visit fortmyersfilmfestival.com.

Quail West Featured In Symphony Event

The SWFL Symphony Society will hold its annual Designer Showcase in conjunction with Stock Development Company's 2015 Luxury Home Tour at Quail West in Naples. The houses will be open for viewing by the public starting on April 10 and continuing through April 19 during the hours of 11 a.m. to 4 p.m. daily.

The cost to tour these homes and gardens is \$20 payable at the sales office at Quail West on the day you wish to tour the homes.

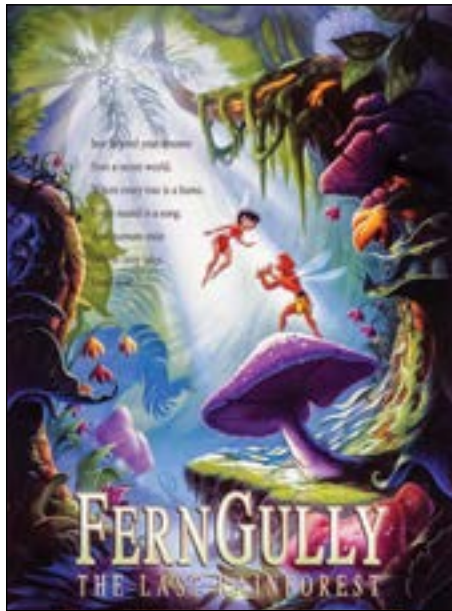
Proceeds received in connection with the Designer Showcase and the related events will go directly to the SWFL Symphony.

"We are very pleased to be working this year with Stock Development Company," commented Sandy Magyar, co-chairman of the event. "We are also pleased to be working with so many members of the Symphony Society and the hard-working staff in the Symphony office to support this project. We sincerely thank everyone for their dedication to this year's Luxury Home Tour."

"As Vice President of Sales and Marketing at Stock Development Company, we are excited to have the opportunity to work with the SWFL Symphony Society on this project. It is

continued on page 20

Family Movie Night At Alliance



The Outdoor Family Movie Night Series at the Alliance for the Arts concludes on Friday, April 10 at 8 p.m. with *Fern Gully: The Last Rainforest*. Bring your blankets, lawn chairs, coolers and picnic baskets and watch this classic animated film under the stars.

In *Fern Gully: The Last Rainforest* the magical inhabitants of a rain-forest fight to save their home, which is threatened by logging and a polluting force of destruction called Hexxus.

A suggested \$5 family donation helps

ensure continued free family programming at the Alliance. Support for Family Movie Night is provided by Briers CPA, DinoLingo.com Language Learning Programs for Kids, Internet Services Group of Florida (ISG), Pediatric Dentistry of Fort Myers-Dr. Tim Verwest, Riverside Realty, Staging Matters and Winged Foot Title.

The Alliance for the Arts is located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.✱

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Shrimp Festival

On Saturday, immediately before the parade, 321 runners took party in the Shrimp Festival 5k run. Winners were:

Male overall winners:

1. Ryan Stafford, 22, Fort Myers time 17:06.2;
2. Joshua Minor, 15, Ona, West Virginia, time 17:42.4;
3. Robert Strong, 33, Fort Myers, time 18:33.6 .

Female overall winners:

1. Kelly Robinson, 35, Fort Myers Beach, time 19:04.4;
2. Erika Scott, 28, Dundas, Ontario, time 19:39.4;
3. Lauren Stevens, 22, Waco, Texas, time 20:26.0.

A complete list can be found at <http://3dracinginc.com/2015/03/14/2015-shrimp-run-5k/>.

Also featured was the Beach Lions Hospitality Ambassador John DiMarco and his guide dog Shadow.

Information about Fort Myers Beach Lions Club and member opportunities is available at www.FMBLions.com.✱

Theater Auditions For Steve Martin Comedy

On March 30, The Laboratory Theater of Florida will be auditioning for two of its three summer shows.

To coincide with Steve Martin's AFI Lifetime Achievement Award, which will be presented to him in June, the theater will present his comedy, *The Underpants* for a limited run. Auditions will be held from 5 to 7 p.m. at the theater, 1634 Woodford Avenue, on the corner of Woodford and Second streets in the Fort Myers.

Director Rick Sebastian summarizes the show: "The wife of a local official drops her panties during the king's parade. Thus starts a 'Clintonian' comedy of consequences. How will personal pride, marriage, employment – and underwear – be saved?"

Roles include:

Louise - Mid to late 20s. pretty wife of Town Clerk.

Theo – 30s. husband to Louise. Medium height, burly, muscular. Will scandal force a change in his position and his job?

Frank – Late 30 to 40. Aristocratic, elegant, handsome, and tall. Brings hope

to the day. His prepositions veil propositions.

Benjamin – 35, short to medium height. Very thin and sickly. His intentions are the best, but he needs a little rest.

Gertrude - 40s. Nosy, all knowing, older lady neighbor upstairs. To help or hinder, she is always the meddler.

Klingehoff – Short, frail, old man. Just needs a place to be left alone.

Actors should come prepared with a one-minute comedic monologue and be prepared to do improv.

The theater will also be holding auditions for its July show, *I'll Eat You Last: A Chat with Sue Mengers*. Director Ken Bryant is seeking a strong actress to play high-powered, self-made Hollywood agent Sue Mengers who is 49 years old at the time the play is set. This one-woman show runs about 80 minutes long. Actors should come prepared with a comedic monologue.

Performances of *The Underpants* will be on June 12, 13, 19, 20, 26 and 27 at 8 p.m. and performances of *I'll Eat You Last: A Chat with Sue Mengers* will be on July 10, 11, 17, 18, 24 and 25 at 8 p.m.

Tickets are available from www.LaboratoryTheaterFlorida.com or by calling 218-0481. Tickets are \$12 for students and \$22 for adults at the door. Seating is limited.✱

Film Festival Has Super Hero Theme

Organizers of the April 22 to 26 Fort Myers Beach Film Festival opted for a Superhero theme this year, said Janeen Paulauskis, executive director. The 2015 festival aims to offer a balance to the stream of negative news about world strife hitting us daily from TV and computer screens.

Following Hollywood trends, superhero films will be present at the festival, as well as some non-traditional superhero-themed screenings. Organizers felt that it was important to place a spotlight on everyday, real-life superheroes such as police officers, firefighters and the U.S. Coast Guard. Superhero based activities will also be available. Children will be offered a chance to delve into the arts, while learning how they can be superheroes in their own lives.

After a successful 2014 festival, organizers faced the task of exceeding their success in 2015, said Paulauskis. During a brainstorming session, organizers noted the immense success of blockbuster superhero films coming out of Hollywood. Several superhero movies had come out recently, including *The Avengers*, Paulauskis said. They realized the theme had a lot of redeeming qualities in both entertainment and education, which led to the official theme selection. With another *Avengers* film coming out in May, Paulauskis stated she couldn't have imagined a better theme for 2015.

A super logo carries out the theme. Mike Martin of Martin Graphics won the festival's logo art contest with a colorful design featuring the silhouette of a man morphing from shirt and tie into superhero mode.

His design will be featured on the festival program and seen on all promotional posters, flyers, and ads. Martin receives a complimentary full-page ad in the official program, as well as two VIP passes to all film festival events.

The festival brings new business and exposure to Fort Myers Beach, said Georgia Reinmuth, festival chairman. The festival casts a wide net, bringing in attendees from Sarasota, Tampa, Miami and Fort Lauderdale. Filmmakers submit through a national program that is advertised around the world.

"It does have its own persona," Reinmuth said. The festival brings in a whole new group of people to the beach and seems to be part of a trend. "I see more and more people coming and vacationing looking for cultural things to do".

More than 200 films were submitted, said Elizabeth D'Onofrio, festival artistic director. A volunteer committee, made up of all ages and film tastes, watches and rates them. The films are from all genres. The final list is being compiled now and will be available online at www.fmbfilmfest.com by April 1.

Over 100 films will be shown, including student films and shorts, she said. Screenings will be held continuously over the five-day festival at the Beach Theater located at 6425 Estero Boulevard on Fort Myers Beach.

Accommodation specials are available to festival participants and attendees. For more information visit www.fmbfilmfest.com/hotel-deals/.

The festival is run under the umbrella of the Greater Fort Myers Beach Area Friends of the Arts. Other major sponsors are Beach Theater, The Beaches of Fort Myers and Sanibel and the Town of Fort Myers Beach.

For more information about the festival, advance tickets, VIP passes or other questions, call 896-5927 or visit www.fmbfilmfest.com.✱

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Quail West Featured In Symphony Event

our pleasure to team up with the Society and the Symphony to assist them in raising money on their behalf while at the same time having the opportunity to showcase our Stock Development homes to the members of the Symphony team and the community at large," commented Claudine Leger-Wetzel.

The Gala, the opening event for the Showcase, will be held on April 8 from 6 to 8 p.m. It's an evening under the stars at one of the showcase homes with a chance to view the Gala house before it is opened to the public. Entertainment, wine and hors d'oeuvres will be provided by the Symphony Society. Reservations are required. The cost is \$70 per person. The dress for the evening is black tie optional.

High Tea with the Queen Bees will be held on April 12 from 3 to 5 p.m. at the home of Rick and Brenda Brown at Quail West and is open to the public. Three long term members will be honored. The cost is \$50 per person.

The Society is also planning a luncheon at Quail West Country Club on April 15, 2015. The Diva Fashion Experience will include a fashion clinic on what to wear and how to better wear your clothing. The cost is \$60 per person.

Reservations for all these events must be made in advance. Send a check made payable to the Society or credit card information to the Symphony office to the attention of Esther Kulhavi or call 208-2454 or 248-207-4953.✱

Email your editorial copy to:
press@riverweekly.com

Financial Focus

Be Prepared For Those RMDs



by Jennifer Basey

You might not think that 70½ represents any particular milestone. But when you do reach this age, you will have to make some decisions that affect an important aspect of your life – your retirement income.

Here's the background: Once you turn 70½, you will need to start taking withdrawals from your 401(k) or similar employer-sponsored retirement plan and from your traditional IRA (but not your Roth IRA). Actually, you will need to begin these withdrawals – known as “required minimum distributions” (RMDs) – by April 1 of the following year and continue taking them by December 31 each year after that.

These RMDs are calculated by dividing your account balance at the end of the previous year by your life expectancy, as determined by IRS mortality tables. If your spouse is your sole beneficiary and is more than 10 years younger than you, you'd use a separate table. Don't worry too much about the number crunching, though – your financial advisor generally can do the calculations for you.

What you should concern yourself with, however, are the first two words of RMD: “required” and “minimum.” These words mean what they say. If you don't take withdrawals, or if you withdraw less than you should, you could face a 50 percent penalty tax on the difference between what you withdrew and what you should have withdrawn – and then you'll still have to take out the required

amount and pay taxes on the taxable portions of those withdrawals. So it's a very good idea to take your withdrawals on time – and without “shortchanging” yourself.

Of course, you can certainly take more than the required minimum amount – but should you? The answer depends on whether you need the money. But even if you have to take larger-than-minimum withdrawals, you'll want to be careful not to take out more than you need – because if you “over-withdraw” year after year, you run the risk of outliving your resources. That's why it's so important, during the early years of your retirement, to establish a sustainable withdrawal rate for your retirement accounts. Your withdrawal rate will depend on a variety of factors, such as your other sources of income: Social Security, earnings from employment, savings, etc., your lifestyle choices, your estimated longevity and so on. In any case, once you have arrived at an appropriate withdrawal rate, you'll need to stick to that rate unless your circumstances change.

If you have multiple IRAs, you'll also face another decision, because, once you've calculated your total RMDs for the year, from all your IRAs, you can take that amount from one or more of them. Depending on the investment mix of these individual IRAs, you may find it beneficial to take the money from one account and leave the others intact, to potentially grow further. (If you have multiple 401(k)s, though, you will likely need to calculate and withdraw the separate RMDs for each plan.)

Other issues are also involved with RMDs, so, when the time approaches, consult with your tax and financial advisors. By studying all your options before you begin taking these withdrawals, you should be able to maximize their benefits.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com. ✨

Girl Scouts To Provide Beds For Kids

The Guardian Ad Litem Foundation of the 20th Judicial Circuit has partnered with The Girl Scouts of Gulfcoast, Troop 292, to benefit the Beds for Kids program and provide foster children with a bed of their own.

The Beds for Kids program provides a warm cozy bed and bedding for children who have been removed from their parents' care as a result of abuse or neglect. These children are then placed in the care of a relative or foster home and assigned a Guardian ad Litem volunteer advocate.

Troop 292, composed of Daisies and Brownies aged five to nine, aim to donate 30 new bedding sets (twin or crib/toddler bed), pillows, storybooks and stuffed animals to children in need. In addition, the girls will be decorating pillowcases with heartfelt messages. Each girl will include

a personalized card expressing their love for the recipient.

The troop will continuously fundraise through May to purchase items to donate to the program, and also plans to donate their remaining cookie funds to purchase beds and cribs.

The co-leaders of Troop 292 say the girls were inspired by the film *Annie*. While brainstorming ideas for the annual troop service project, the majority of the girls voted to assist orphans. In researching local non-profits to partner with, Troop 292 discovered the Guardian ad Litem Foundation whose goals and mission matched theirs – to meet the needs of local children, as well as provide a meaningful, hands-on experience for the troop. ✨

Read us online at
IslandSunNews.com

Fenway South Farmer's Market To Return Next Year

The weekly farmer's market at JetBlue Park at Fenway South, located at 11500 Fenway South Drive in Fort Myers, has ended its three-month run but will return next year.

The weekly Monday market began in January and ran through March 9 on Fenway South Drive, in front of JetBlue Park.

“We would like to thank everyone for their support of this year's farmer's market and we look forward to returning next year,” said Betsy Ventura, who, along with Jean Baer, owns Local Roots, LLC that ran the market at JetBlue Park each Monday.

According to Ventura, their four other markets, the largest in Lee County, rotate each Sunday through Thursday at Lakes Park, Sanibel, Coconut Point and Bonita Springs. These markets will continue through April and open again in October.

Each of these markets offer a unique opportunity for vendors to sell seasonal local fruits, vegetables, cheeses, meats, breads, nursery stock and other commodities. Some of the markets also create an opportunity for local crafters to showcase their products.

For more information or to inquire about becoming a vendor, visit www.buylocallee.com. ✨



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21st Annual Storybook Ball Raises A Record \$228,000



David and Katie Ciccarello with Elaine and Fred Hawkins

The 21st annual Storybook Ball, benefiting Ronald McDonald House Charities (RMHC) of Southwest Florida, was held on February 7 at the Hyatt Regency Coconut Point in Bonita Springs. The evening featured a special tribute to Mary and Norman Love and raised a record-breaking \$228,000 for RMHC.

“We were so pleased to honor Mary and Norman for their dedication and generosity to the children of Southwest Florida,” said Heidi Frederic, event co-chair. “Their passion, enthusiasm and tireless efforts on behalf of children is so deserving of this recognition.”

Themed to an interpretation of *Frozen*,



Fairytale festivities with Anna and Elsa



Richard and Vicki Pitbladdo, Lucinda Jarvis and Michael Boyles



Mark Loren and Lenny Katz



Heidi and Jack Tambllyn with Ronald McDonald



The Love Family with Princess Elizabeth

the Storybook Ball invited more than 450 attendees to “let it go” for an evening filled with fabulous trips, dinners, custom designed jewelry and great music.

NBC-2 anchor Kellie Burns emceed the black-tie gala which began with cocktails and a silent auction, followed by dinner and dancing to the Robert Williamson Band and a live auction featuring celebrity auctioneer Jay Severson.

Gold and Silver Sponsors for the event included Adams Foods, Inc., Frederic Family McDonald’s, Healthcare Network of Southwest Florida, Mike and Joanie Lancellot, Mark Loren Designs, Norman Love Confections, Suncoast Credit Union Foundation, White House Black Market, Arthrex, Aubuchon Team of Companies, Card Systems, Golisano Children’s Hospital of Southwest Florida (LMHS), Martin-Brower, Fewster Family McDonald’s, Mortgage 1, Synovus Bank and Turano Baking Company.

All proceeds from the Storybook Ball support Ronald McDonald House Charities of Southwest Florida and its programs: Ronald McDonald House, Ronald McDonald Care Mobile, Grants, Scholarships and a Ronald McDonald Family Room scheduled to open in the new Golisano Children’s Hospital in April 2017.

For information on sponsorship opportunities for 2016, contact Angela Katz at 437-0202 or inquire online at www.rmhcswfl.org.

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Anne Frank Play To Coincide With Historic Event

The *Diary of Anne Frank* takes place in Nazi-occupied Amsterdam. A family and acquaintances are hidden in the sealed-off upper rooms of an office building. With very little connection to the outside world, these eight people learn to live in tight quarters together, in the hope that the war is coming to an end and that they will again feel the sunshine on their faces. They laugh, they pray, they study algebra and do crossword puzzles, and live in hope.

Anne Frank began her diary when she turned 13, just days before she went into hiding. This is her story of captivity and fear, but also the burgeoning of a hopeful and beautiful spirit.

The Diary of Anne Frank is a play that reminds us of the horrors of war and is a fascinating commentary on human courage and frailty.

"I still believe, in spite of everything, that people are truly good at heart..." — Anne Frank

Annette Trossbach, the artistic director of The Laboratory Theater of Florida, directs the play. "I have not gotten through a rehearsal yet without giant belly laughs or crying," she says. "It is a constantly-shifting story, so beautifully written and providing truthful glimpses into the



lives of these eight people in hiding and their two Dutch helpers, all seen through the eyes of an exceptional child."

The Meisenberg Family has sponsored the attendance of Lee County students who are studying *The Diary of Anne Frank* in their schools, to help enrich their study of the Holocaust. Holocaust-explicit History/Social Studies and English/Language Arts are state content standards; encouraging young people to experience a live theatrical production of this play not only enriches their understanding of the Holocaust but also exposes them to the theater.

A further sponsorship for this production comes from Fort Myers couple Ella Naylor and Jeff Cull. Naylor's support of Holocaust- and tolerance-based education is well-known in Southwest Florida. She regularly speaks and engages audiences — especially those of school and college age — to consider bias and intolerance and its effects in our lives. Naylor's book *Faces of Tolerance: Everyone Counts* is being used locally and nationally as a resource in tolerance education. Her book details the lives of some Holocaust survivors living in Florida. It also features interviews with people who have been marginalized or faced intolerance and prejudice.

Included are the homeless and disabled, and victims of homophobia and racism.

"It is my dream that through this work, we will spark thought and enlightenment about intolerance and hatred," Naylor says. "If we start taking the time to see each other as people all belonging to one human family, we can begin to live more peacefully as a planet."

This winner of the Tony Award and Pulitzer Prize for Drama was written by Frances Goodrich and Albert Hackett, who are also known for screenplays such as *It's a Beautiful Life*, *Father of the Bride*, *The Thin Man* and *Easter Parade*.

Of *The Diary of Anne Frank*, *The New York Daily News* says, "There is so much beauty, warm humor, gentle pity... this is a fine drama."

The Laboratory Theater chose to present this play in April 2015 to help remember the 70th anniversary of the liberation of the Auschwitz-Birkenau concentration and death camp. The theater will welcome community members to join the cast in "talk-back sessions" after select performances. Here, Naylor and Holocaust survivors and a WWII liberator will speak about their work and experiences in facing intolerance and bigotry.

Alliance For The Arts' Spring Art Affair

Dozens of artists will present their work at the Bell Tower Shops on Saturday, March 28 during the Alliance for the Arts' fourth annual Spring Art Affair. The free outdoor fair

features a wide variety of work for sale, including in oil, acrylic and mixed media painting, photography, custom jewelry, furniture and hand-woven baskets. The public is invited to meet and support local artists while exploring the Bell Tower's many shops and restaurants.

Participating artists include: Christine Baeza, Maureen Compagnoni, Mariana Concha, Andrea Cooper, Sherry Diaz, Hope Frasier, Kathy French, Marc Geldon, Maxine Damali Gibbs, Samuel

There will be opportunity for patrons to share and discuss their thoughts and ideas about creating a more accepting and loving world for all.

The pivotal role of the leader of the group, Otto Frank, will be played by Matthew DeNoncour, who recently moved to Fort Myers from New York City. He says, "I am honored to be working with an extremely talented cast and crew on this production of *The Diary of Anne Frank*. The script is so beautifully written. What makes this already emotional story even more compelling is that it is based on true experiences of real people struggling to survive the human atrocities during World War II. I cannot wait to share that story and experience with the Fort Myers community."

Anne Frank will be played by actor Kaycie Lee, 13. She says, "Every character in the play is a different side of yourself in these circumstances. It is so beautiful; it has changed my view on life."

Further cast members are Ellice McCoy, Rowan Stafford, Alyssa Mehrberg, Faith Deterding, Jack Weld, Aricka Shuck, Marcos Martins, Dave Yudowitz and Mike Dinko.

The intricate set which portrays the cramped attic rooms has been designed by Ken Bryant, whose previous set designs for the theater have included *Amadeus*, *Five Kinds of Silence*, and *Cat on a Hot Tin Roof*.

Other production team members include Connie Keller, Deborah Kik, Sandra Kaseta, Patti Chamness, Mike Dinko, Erik Stafford, Dianela Gil and Lauren Redeker.

Performances will be on April 10, 11, 16, 17, 18, 23, 24, 25, 30, May 1, 2 at 8 p.m., and on April 26 at 2 p.m. at the theater, 1634 Woodford Avenue, Fort Myers River District. Doors open at 7:30 pm. Tickets are available from the theater's website, www.LaboratoryTheaterFlorida.com or by calling 218-0481. There will also be an opening night reception, starting at 7:15 p.m. Tickets are \$12 for students and \$22 for adults at the door. The theater also offers Thursday night discounts to seniors and military at \$18.50 per ticket. Seating is limited.✧

From page 9

Fort Myers Fare

for patrons. The GPS coordinates are 26°27'23.41" N • 81°57'15.18" W.

1131 First Street, Fort Myers Beach at the Fort Myers Historic Seaport at Nervous Nellie's Marina. Call 463-8077.

SS HOOKERS

Get hooked on great cuisine and spir-its at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it." A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

17501 Harbour Pointe Drive, Fort Myers. Call 466-4377.

SUNSHINE GRILLE

Formerly known as the Sunshine Seafood Cafe and Lounge, Sunshine Grille serves all of your favorite dishes for lunch and dinner. In addition to its previous menu, the restaurant is also serving gourmet flat breads prepared in a wood fire stove with fresh oak. Wood-fired steaks fill out the menu, including a ribeye and a porterhouse, to go along with our famous wood-fired filet mignon. Happy hour and live music are featured daily.

8700 Gladiolus Drive, Fort Myers. Call 489-2233.✧

Hudson, Pat Johnson, Kathy Kuser, Simone Loeh, Leslie Molzan, Glory Mooberry, Douglas Patterson, Graciela Price, Linda Saha, Andrea Trank, Patricia Vilela and Christopher Young.

Artists will be on hand to discuss their work and processes from 11 a.m. to 6 p.m.

Visit ArtInLee.org or call 939-2787 to learn more. The Spring Art Affair is sponsored by *HAPPENINGS MAGAZINE*.✧

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or email press@riverweekly.com

Futuremakers Coalition Goal To Increase Region’s Higher Education



Dawn-Marie Driscoll, Mark Lewis, Dennie Hamilton and Carolyn Conant

More than 80 business, government, education, workforce and economic development leaders recently joined together to launch a regional cohort, FutureMakers Coalition. The goal is to increase the number of people in Southwest Florida with high-quality degrees, certificate and other credentials to 40 percent by the year 2025. “Currently, 27 percent of the workforce in Lee, Collier, Charlotte, Glades and Hendry counties has some sort of post-secondary degree,” said Sarah Owen, president and CEO of the Southwest Florida Community Foundation, the coalition’s backbone organization. “With targeted funding, legislation and uniting groups around the same goal, we expect to be able to meet this milestone by 2025.”



Roger Desjarlais, Alan Mandel and Larry Kiker



Sarah Owen and John Gamba

The FutureMakers Coalition was born out of a regional initiative last year, which was supported by a team of more than a dozen stakeholders. FutureMakers took an active role in aiding high-school seniors through one-on-one and group mentoring, Free Application for Federal Student Aid (FAFSA) workshops and support, and career coaching. After one year, the work of FutureMakers was recognized by Lumina Foundation, an independent, private foundation committed to increasing the proportion of Americans with high-quality degrees, certificates and other credentials to 60 percent by



Roger Desjarlais, left, signs following Alan Mandel



Joe Mazurkiewicz and Cindy Banyai



Christine Davlin



Chejai Onumbu

2025. The Southwest Florida Community Foundation will serve as the coordinator for regional participation, and the FutureMakers Coalition will benefit from Lumina’s collaborative approach that connects Southwest Florida to renowned national thought-leadership organizations and provides technical and planning assistance, data tools and flexible funding as attainment plans are customized. Lumina has a network of 75 cities that make up Lumina’s Community Partnership for Attainment network. The network includes Southwest Florida and is now closed. “It’s not just degrees that we will focus on but ‘industry-recognized certifications’ that can help people land better jobs and are key to economic and workforce development,” Owen added. “Higher education can lead to better jobs and a higher quality of life.”

The Community Foundation, founded in 1976, connects donors and their philanthropic aspirations with evolving community needs. With assets of more than \$80 million, the Community Foundation has provided more than \$60 million in grants and scholarships to the communities it serves. For more information about the Southwest Florida Community Foundation, call 274-5900 or visit www.floridacommunity.com.✱



Susan McManus, left, and Joy Mahler



Tyler Sanders and Al Smith

School Smart



by Shelley M. Greggs, NCSLP

Dear Shelley, My daughter was tested for special education and was found not eligible for these services. While I don't want my daughter to be

daughter just get help from Special Education teachers no matter her "label"? Why can't they help her? The eligibility requirements for special education services are essentially proscribed by law. Schools are required to follow strict guidelines set forth by both the state and federal governments. And there are strong penalties for school districts that do not comply with the regulations.

I have listed some common reasons why child might be found ineligible for special education services. I hope this provides some clarification for you.

- Your child does not meet criteria for one of the disabilities recognized with special education. Each disability has a federal definition and a strict set of guidelines for determining if a student meets that definition. If a student does not meet the criteria for a disability, he or she will not be eligible to receive special education services.

- Your child has a disability, but there is not a documented educational impact. Just because a student has a diagnosed disability, it does not automatically mean a child will receive special education services. The disability must be creating an adverse effect on education. The way a school measures this adverse effect on education will vary but at a minimum most schools compare educational testing to cognitive testing to see if the child is learning to his or her ability level.

- Your child learns more slowly than other children, but does not qualify for any disability category. Testing revealed that your child has difficulty learning,

struggles to learn new concepts, and it has greatly impacted educational performance. Despite these difficulties, special education services cannot be obtained because this is not considered a "disability." These are the students who will need the most support within the regular education environment. Tutorial and remedial programs are often used for students who learn at a slower pace. You may also need to hire outside tutors to help her.

I urge you to meet with school personnel to discuss your child's educational needs and ask that a plan be developed for her. In fact I would recommend that

you keep in frequent contact with your daughter's teachers to monitor her progress and make changes are made as needed.

*Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.**

labeled and I am glad that she doesn't have a disability, I am disappointed that she will not be receiving specialized help. She is still struggling. What should I do to help her?

Megan S., Fort Myers, Florida

Megan,

Although your child was found ineligible for special education services, this should not be the final step in terms of assisting her. The very fact that your child was evaluated indicated that there were valid concerns and difficulties that probably still need to be addressed. Her learning problems still require intervention but will need to be addressed using a different plan, other than special education. It would be prudent at this point to have a meeting with the teacher and other school personnel to determine what can be done within regular education to remediate your daughter's learning problems.

I'm sure it seems quite confusing. You are probably asking why can't your

Open House Week At FSW

Florida SouthWestern State College (FSW) will host FSW Open House week from 3 to 6 p.m. on April 7, 8 and 9. All events are free to attend and attendees are encouraged to register online at www.FSW.edu/openhouse. The dates and locations are:

- April 7 – Collier Campus, 7505 Grand Lely Drive, Naples, Building M
 - April 8 – Thomas Edison (Lee) Campus, 8099 College Parkway, Fort Myers, Building U
 - April 9 – Charlotte Campus, 26300 Airport Road, Punta Gorda, Bell Tower
- "Florida SouthWestern State College offers a variety of academic programs that are designed to help our students earn the degree of their choice for their

future careers," said Mark Bukowski, director of admissions at FSW. "Our open house events allow students to learn more about the programs and support services offered at FSW to assist them in reaching their personal and professional goals."

While at the open house, visitors will receive information about the admissions process, academic programs and financial aid. Special presentations on financial aid, admissions, and dual enrollment will be available at each location. The events will offer campus tours, snacks and an opportunity to meet with current students, faculty and staff. On the Thomas Edison (Lee) Campus, visitors can also tour the college's on-campus housing. For more information, visit www.FSW.edu/openhouse. Registration for Summer 2015 is now open, and Fall 2015 registration begins on April 24.*

Uncommon Friends Scholarship Deadline

The Uncommon Friends Foundation's 2015 scholarships application deadline was incorrectly reported as April 15 in the March 20 edition. The correct deadline for submitting 2015 scholarship applications is April 1. Official application forms and requirements can be found online at <http://uncommonfriends.org/scholarships/applications-nominations>. Applicants must submit complete application packets via email to angela@uncommonfriends.org. For more information, visit <http://uncommonfriends.org> or call Angela Melvin at 337-9503.*

Nomination Deadline Nears For Distinguished Entrepreneur Award

The Florida Small Business Development Center (FSBDC) at Florida Gulf Coast University scheduled closing date for nominations for Distinguished Entrepreneur 2015 is Tuesday, March 31. Business entrepreneurs are encouraged to apply. The Distinguished Entrepreneur of SWFL Award recognizes a small- to mid-sized Southwest Florida business for its overall success, and provides an opportunity for the local business community to celebrate the company's achievements.

The FSBDC at FGCU will host its 2015 Distinguished Entrepreneur of the SWFL Award and Ceremony event on Tuesday, May 19 from 6 to 8 p.m. at the Hyatt Regency Coconut Point Resort & Spa in Bonita Springs. Markham Norton Mosteller Wright & Company, P.A., has been named title sponsor for the event. Individual tickets are \$125.

Sponsorship opportunities are still available for this event. Nominations, sponsorships and ticket purchases can be completed online at www.fsbdcswfl.org or contact the office at 745-3700.

The FSBDC at FGCU offers one-on-one, confidential, no-cost consulting and low-cost workshops for businesses throughout Lee, Collier, Charlotte, Hendry and Glades counties. It is designated by the state as Florida's principal provider of business assistance.

For more information, contact Amanda Stirn, marketing director, at astirn@fgcu.edu or 745-3706.*

From page 2

Fort Myers Women

commercial boom by then. Pre-festival publicity brought more out-of-town visitors than the town had accommodations for. And just around the corner were the 1920s boom and the birth of The City of Palms.

Gilliam's grand-nephew Charlie Powell remembers her as "a great lady" and says that "she enjoyed wearing the mask for a few days 'til the unveiling."

Fast-forward to the heady days of WWII, when Carolyn Barden (Smith) was the only aviatrix at Buckingham Army Air Force Base's gunnery school. A member of the Civil Air Patrol, she is pictured here in her early 20s.

She was a test pilot and aircraft inspector, and her tasks included ferrying aircraft between bases.

She seems to have made a success of anything to which she turned her capable hands, from horseback riding to designing clothing patterns, from running the pro shop at the Fort Myers Golf Club to running counters at the Lee County Airport in the 1960s.

She was so good at golf that she considered going professional, but reconsidered, according to her niece Rebecca Kinzie Holmes, after meeting legendary golf pro Patty Berg and learning how much money she made.

She also worked as a meat cutter in her parents' family business, Second Street Grocery. With her husband,

Sidney, she worked in building construction and cabinet building, as well as real estate. She was also a skilled marks-woman.

The aviatrix died in 2011 at age 92, having been a witness to the area's unprecedented growth in the post-WWII years.

Wander through downtown and imagine the Fort Myers that each of these women inhabited.

Then walk over to the Southwest Florida Museum of History at 2031 Jackson Street, where you can discover more remarkable women of Fort Myers.

Call 321-7430 for information, or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

If you love local history, be sure to visit the Southwest Florida Historical Society's research center, where you'll find archives galore.

The all-volunteer non-profit organization is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Hours are Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 for more information.

Sources: Archives of the Southwest Florida Historical Society; *Early Fort Myers: Tales of Two Sisters* by Alberta Colcord Barnes and Nell Colcord Weidenbach; *The Story of Fort Myers* by Karl H. Grismer; *Fort Myers Press*; Rebecca Kinzie Holmes; and Charlie Powell.*

Red Sox Manager Has High Expectations For Retooled Squad



by Ed Frank

As Spring Training comes to an end and the regular season dawns in just 10 days, Boston Red Sox Manager John Farrell has “high expectations” that his revamped 2015 team is much improved from last year when the Red Sox finished last in the American League Eastern Division.

“Our players have a sense of redemption and a positive outlook,” Farrell said.

It’s been a rollercoaster ride for the Red Sox the last three seasons. Farrell took over in 2013 after Boston lost 93 games the year before to finish last. In his first year at the helm, the team won 97 games and streaked to a World Championship.

Then last year it plummeted to last again with a 71-91 record.

Boston General Manager Ben Cherington restocked the 2015 team with nine new players, committing more than \$200 million in the off-season that included the signings of veteran sluggers Hanley Ramirez and Pablo Sandoval.

He (Cherington) is always working to improve our roster and our owners have the ability to acquire such players,” Farrell said.

“The expectation here is to win every year and that certainly reflects upon this year. I feel very good about our roster,” he added. “We’ve had the normal bumps and bruises during Spring Training, but that’s to be expected.”

In an interview with the *Island Sun* and *The River Weekly News*, a range of baseball subjects were discussed including the new rules to shorten the time that games are played.

“Speeding up the game is an appeal to younger baseball fans to capture their interest. It’s the society we live in,” Farrell explained.

He sees no problem with the time limits placed on pitchers warming up between innings, but the new rule requiring hitters to keep one foot in the batter’s box between pitches “is a work in progress.”

Many players, including Red Sox designated hitter David Ortiz, have voiced strong opposition to the new rule.

“Batters always want to slow down pitchers,” Farrell said. He looks for some adjustment to the rule in April when the regular season begins.

He pointed out that changes already have been made to the instant replay challenge that began last season. This year, managers can call for a review from the dug-out, no longer being required to come onto the field.

Major League Baseball has long been concerned about the declining number of African-Americans in professional baseball.

Farrell said the number has dropped to eight percent in the Majors, even less for pitchers.

“The rewards take longer in baseball. That’s not true in football and basketball,” he said.

Conversely, the number of players from the Caribbean countries has skyrocketed

where basketball and football are not options.

Major League Baseball instituted the RBI Program, Reviving Baseball in Inner Cities, aimed at attracting inner-city youth to the game. The Red Sox have several programs in the Boston area linked to RBI.

Finally, we discussed the issue of player fatigue, a problem that has been highlighted in several national publications.

“Player fatigue is a real issue and we have done intensive studies and developed hard core data on sleep, diet and travel,” Farrell said.

The Red Sox have installed a sleep room in Fenway Park where, for example, a player can take a 20-minute nap after a workout.

He said team travel times have been adjusted to lower the body effect on players traveling through three time zones such as from Boston to California.

Farrell recalls vividly his return to the Red Sox two years ago (he previously has been their pitching coach) when he managed his team to a world title in his first year after a last-place finish the year before under Manager Bobby Valentine, who was fired.

“We had nine new players that year and nine new players this year,” he said. He hopes to repeat in 2015 what he accomplished in 2013 – a World Series championship.✪



John Farrell

Beach Mini-Masters Golf Is April 14

The 3rd annual Mini Masters Golf Tournament comes to Jungle Golf on Tuesday April 14 with the first tee time at 4 p.m. Organizers say it will be more fun than a barrel of monkeys with prizes, raffles and even Mulligans.

The jungle survivors will celebrate at the 19th hole at Skip One Seafoods where the champions are crowned and legends are made. Anyone can enter a team but space is limited to 18 teams with eight players each. Trophies will be awarded for winning team, lowest individual score and highest individual score. There will also be a secret hole in one prize.

This event is open to the public and cost is \$240 per team. However, if you just want to watch and mingle afterwards at Skip One, sign up for the gallery for \$5.

For Beach Chamber members there are sponsorship opportunities and benefits. For more information, download an application from www.fortmyersbeachminimasters.com. You can also register and pay for your team or the gallery on the webpage.✪

Rotary Club Sunrise Pro-Am Golf

A number of businesses have already signed on to sponsor the Rotary Club of Fort Myers Sunrise’s inaugural Pro-Am Golf Classic.

The tournament will take place on Friday, May 22 at The Forest Country Club in Fort Myers. Proceeds will fund scholarships through The Foundation for Lee County Public Schools for local students to continue their education at a technical or trade school, college or university.

“Supporting scholarships to help ensure our future workforce is well equipped to meet the needs and issues of our community is a win-win,” said Kevin Phillips, president of R.L. James General Contractors.

Sponsorships are still available and start at \$100 and include presenting sponsor, shirt sponsor, birdie sponsor, box lunch sponsor, beverage cart sponsor and scholarship sponsor.

Twenty-five teams of four amateurs and one professional will tee off in a two best ball format. Pros will compete for a \$1,000 purse. Entry fees are \$125 per player and \$50 for professionals. Beverages, hors d’oeuvres and a boxed lunch will be included.

“As the owner of an auto repair center locally since 1984, I understand the challenges we face in our community of finding skilled workers, and we are proud to support the Rotary’s mission to improve our community, employers and youth,” said John Zadrovitz, owner of South Trail Tire & Auto Repair.

“We believe in being active in our community and giving back through donating time and much needed capital to a number of charitable and civic causes,” said Carmen Dellutri, founder and president of Dellutri Law Group. “We look forward to participating in this pro-am and the funds it will raise for our local students.”

The Rotary Club of Fort Myers Sunrise includes 35 members who attend weekly meetings and raise money for various efforts including the Lakes Park Enrichment Foundation, the Heights Foundation, Blessings in a Backpack, Junior Achievement and hunger organizations.

For more information, call 218-1997 or email jkimbell46@gmail.com.✪

FSW Launches Athletics Website

Although competition doesn’t begin until the fall with baseball and softball, Florida SouthWestern State College (FSW) fans can visit the new athletics website to get the latest news and developments. The website is www.fswbucs.com.

“This website will be the place for all Buccaneers fans to visit for schedules, coach and player profiles and more,” said Carl McAloose, athletic director. “Visitors can also learn more about our facilities, the City of Palms Stadium and the Suncoast Credit Union Arena. There is also a fan zone for everyone to follow us

on social media.”

The Buccaneers will begin with fall 2015 exhibition competition in baseball and softball at the City of Palms Stadium in Fort Myers, the former spring training facility for the Boston Red Sox. The Suncoast Credit Union Arena, set to begin construction this summer, will be the home for the Buccaneers men’s and women’s basketball teams and the women’s volleyball team. The arena will also be a place for recreational and wellness activities for FSW students as well as a place to host community events such as graduations, concerts and tournaments. The arena is expected to open in the fall 2016.

FSW annually serves more than 22,000 students globally. Visit www.FSW.edu for more information.✪

Share your community news with us.
Call 415-7732, Fax: 415-7702
or email press@riverweekly.com

Library Programs

April At Lakes Regional Library

Next month's roster of activities at Lakes Regional Library offers topics for all ages. The following activities are free to the public:

Adult Programs

English Café

6 p.m. Mondays, April 13, 20, 27

Free, informal conversation sessions for adult ESOL/ESL students.

Book Discussion: *Soldier Girls: The Battles of Three Women at Home and at War* by Helen Thorpe

2 p.m. Tuesday, April 21

Thorpe follows three women, tracking their ups and downs in detail for 12 years, as they do multiple tours in Afghanistan and Iraq and readjust to civilian life.

Fort Myers' Wizard of Plants: Thomas Edison

2 p.m. Thursday, April 16

Master Gardener Dave Anderson talks about Thomas Edison's interest in bamboo, especially as a light-bulb filament, as well as his search for an American rubber plant. Mina Edison's interest in ornamental plants and their garden at the Florida estate will also be discussed. Registration required.

Storytime

Baby Parent Rhyme Time

10 a.m. Mondays, April 6, 13, 20, 27

Be prepared to tickle, jump and fly with your baby! These rhymes and songs

are for infants up to 24 months, accompanied by an adult. This 20-minute program is filled with songs designed to introduce early literacy, rhyming and movement to infants. Space is limited. Pick up a Storytime Ticket at the Youth Services Desk the morning of the program.

Preschool Storytime

11 a.m. Mondays, April 6, 13, 20, 27

Preschoolers attend this storytime independently while parents or caregivers wait nearby in the library building.

This storytime includes activities that require more participation and a longer attention span. Each preschool storytime lasts about 30 minutes. Space is limited. Pick up a Storytime Ticket at the Youth Services Desk the morning of the program.

Toddler Storytime

10 a.m. Wednesdays, April 8, 15, 22, 29

Two-year-olds with their caregivers participate in songs, fingerplays and short stories. The success of this age group depends on adult participation and encouragement. Toddler storytime lasts approximately 25 minutes. Space is limited. Pick up a Storytime Ticket at the Youth Services Desk the morning of the program.

Family Storytime

11 a.m. Wednesdays, April 8, 15, 22, 29

This storytime program is for the whole family and it lasts about 30 minutes. Space is limited. Pick up a Storytime Ticket at the Youth Services Desk the morning of the program.

Special Needs Storytime**

10 a.m. Saturday, April 11

Books, music, and sensory experiences for children with special needs and their families. Registration begins 3 weeks prior to event.

Children's Programs

Spontaneous Spring Break Bonanza!

April 1 to 4

Available during normal library operating hours

Spontaneous surprise activities throughout the week. For ages three to 12.

After School Crew: Buried Secrets

4:30 p.m. Wednesdays, April 1, 8, 15, 22, 29

Weekly stories and activities featuring buried secrets, from pirate treasure to cave paintings and more. For kindergartners to fifth-graders.

DEAR (Drop Everything and Read)

9 a.m. to 5 p.m. Thursday, April 2

Drop in to the library anytime for a fun reading experience. Bring the entire family and read away the day. For all ages up to 12 years.

Princess and Pirate Party

10:30 a.m. Thursday, April 9

Children will set sail for adventure with crafts, games and activities fit for a princess or a pirate! Costumes are encouraged. Sponsored by the Friends of the Lakes Regional Library. For ages 2 to 5. Registration begins March 19.

Kids Read Down Fines

2 to 3 p.m. Saturday, April 18

Children and teens earn a \$2 coupon or credit for every 15 minutes they read

in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only.

Recycled Robots

4 p.m. Tuesday, April 21

Children will construct their own robots using recycled material and learn about Earth Day. For Kindergartners to fifth-graders. Sponsored by the Friends of the Lakes Regional Library. Registration begins March 31.

Library 101: Find It Fast

4 p.m. Tuesday, April 28

Library searching skills and a behind-the-scenes peek at the secret lives of library books. For Kindergartners to fifth-graders. Sponsored by the Friends of the Lakes Regional Library. Registration begins April 7.

Teen Programs

Kids Read Down Fines

2 to 3 p.m. Saturday, April 18

Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only.

The Lakes Regional Library is located at 15290 Bass Road in Fort Myers. For more information about a program or to register, call 533-4000. A sign language interpreter is available with 5 business days notice to library staff.

*Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations.**

Library Programs

April At Fort Myers Regional Library

Next month's roster of activities at Fort Myers Regional Library offers topics for all ages. The following activities are free to the public:

Adult Programs

Downtown Knitting Group

2 p.m. Wednesdays, April 1, 15

Location: Meeting Room CD

A casual, self-guided group of knitters and crocheters share ideas, techniques and patterns. Attendees should bring their own projects. Basic supplies available for newcomers.

Acapella Concert with Tamiami Sound

Noon Monday, April 6

Location: N. Cornog Plaza

A performance by Tamiami Sound, an acappella quartet from the larger Sweet Adeline chorus, Spirit of the Gulf, based in Fort Myers. The group sings four-part, barbershop harmony.

Book Discussion: *Factory Man:**How One Furniture Maker Battled Offshoring, Stayed Local - and Helped Save an American Town* by Beth Macy

Noon Wednesday, April 8

Location: Main Library Building, Conference Room C

The chairman of Vaughan-Bassett Furniture fought for more than 700 employees in a small Virginia town using legal maneuvers, factory efficiencies and his wits and determination in the wake

of sales losses to cheap Asian furniture imports. Registration is required.

Fifth Third eBus

10 a.m. to 5 p.m. Friday, April 10

Visit the eBus to get credit counseling and information about homeownership, foreclosure prevention and financial education.

April Card Crafting

9:30 a.m. Tuesdays, April 14

Location: Meeting Room CD

Greeting cards are useful for holidays and for everyday occasions too. Participants will learn new techniques and take home several hand crafted cards. All materials supplied. Registration is required.

April Beadwork

9:30 a.m. Tuesday, April 21

Location: Meeting Room CD

Participants will learn new beading techniques and make a new treasure to take home. All materials supplied. Registration is required.

How to Apply for a Habitat for Humanity Home

10 a.m. Thursday, April 23

Tanya Soholt of Habitat for Humanity explains the Habitat program and how to apply for a Habitat partnership.

Writing Your Family History

9:30 a.m. Saturday, April 25

Location: Meeting Room AB

This seminar is designed for researchers whose ultimate goal will be publishing their findings. Progress beyond recording names, dates and places, to interweaving interesting facts about your ancestors' lives and placing individuals in a social

and historical context. Registration is required.

Storytime

Toddler Storytime

9:30 and 10:30 a.m. Tuesdays, April 7, 14, 21, 28

Two-year-olds with their caregivers participate in songs, fingerplays and short stories. The success of this age group depends on adult participation and encouragement. Toddler storytime lasts approximately 25 minutes. Registration is required.

Preschool Story Time

10:30 a.m. Wednesdays, April 8, 15, 22, 29

Preschoolers attend this storytime independently while parents or caregivers wait nearby in the library building. This storytime includes activities that require more participation and a longer attention span. Registration is required.

Family Storytime

10 a.m. Saturday, April 11

This program is for the whole family and lasts about 30 minutes. Registration is required.

Baby Parent Rhyme Time

10:30 a.m. Thursdays, April 16, 23

Be prepared to tickle, jump and fly with your baby! These rhymes and songs are for infants, up to 24 months, accompanied by an adult. This 20-minute program is filled with songs designed to introduce early literacy, rhyming and movement to infants. Registration is required.

Children's Programs

Poem Time

10:30 a.m. Fridays, April 3, 10, 17, 24

Location: Amphitheater

Rhymes, songs and poetry-focused activities for the whole family.

Egg Hunt on the Plaza

10 a.m. Saturday, April 4

Location: N. Cornog Plaza

Families are invited to participate in spring-themed activities, games and crafts. While supplies last. Sponsored by Friends of the Fort Myers Regional Library.

READ to Patches

4 p.m. Tuesday, April 7

Patches, a Reading Education

Assistance Dog, will be on hand to listen to children read. First come, first served.

Sing-a-Long with Music Together

4 p.m. Saturday, April 11

All are invited to this big community singalong led by the library's friends from Family Music Time. Light refreshments provided.

Frozen Crafts

4 p.m. Wednesday, April 15

2 p.m. Saturday, April 18

Crafts based on the movie *Frozen* - Olaf puppets, snowflakes, snow and painting. Fun to be had while supplies last. Registration is required.

Kids Read Down Fines

2 to 3 p.m. Saturday, April 18

5 to 6 p.m. Monday, April 20

Location: Teen Room

Children and teens can earn a \$2 credit for every 15 minutes of reading, during the allotted time. A total of \$8

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Library Programs

April At Northwest Regional Library

Next month’s roster of activities at Northwest Regional Library offers topics for all ages. The following activities are free to the public:

Adult Programs

Exhibit: Southwest Florida Military Museum Exhibit
April 1 to 30
Available during normal library operating hours: Monday, Wednesday, Thursday: 10 a.m. to 6 p.m.; Tuesday: Noon to 8 p.m.; Friday, Saturday: 9 a.m. to 5 p.m.

Illustrations and artifacts depicting the history and service of women and men in all branches of the U.S. military.

Nibbles and Novels

10:30 a.m. Wednesday, April 8
A lively chat about books and a morning snack.

Celebrating Military Branch Birthdays
2 p.m. Saturday, April 11

Celebrate all branches of the military, Army, Marine Corps, Air Force, Navy, Coast Guard and National Guard, by hearing a bit about each of their origins.

Book Discussion: *Under the Wide and Starry Sky* by Nancy Horan
2 p.m. Wednesday, April 15

From Nancy Horan, author of *Loving Frank*, comes a new historical novel which brings to life the story of Robert Lewis Stevenson and his wild, strong-

willed American wife, Fanny.
English Café
10:30 a.m. Thursdays, April 16, 23, 30
Free, informal conversation sessions for adult ESOL/ESL students.

Storytime

Baby Parent Rhyme Time
10:30 a.m. Wednesdays, April 8, 15, 22, 29

9:30 a.m. Saturdays, April 11, 18, 25
Be prepared to tickle, jump and fly with your baby! These rhymes and songs are for infants, up to 24 months, accompanied by an adult. This 15-minute program is filled with songs designed to introduce early literacy, rhyming and movement to infants.

Family Storytime

11 a.m. Thursdays, April 9, 16, 23, 30

This program is for the whole family, and lasts about 30 minutes.

Children’s Programs

Butterfly Kaleidoscope
April 1 to 30
Available during normal library operating hours: Monday, Wednesday, Thursday: 10 a.m. to 6 p.m.; Tuesday: noon to 8 p.m.; Friday, Saturday: 9 a.m. to 5 p.m.

Children of all ages are invited to watch and learn about butterflies during the month of April. Sponsored by the Friends of the Northwest Regional Library.

Kids Read Down Fines
10 a.m. to noon Saturdays, April 4,

18
5 to 7 p.m. Tuesdays, April 7, 21
Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only.

Sensational Storytime Fun
6 p.m. Tuesday, April 21
Children in Kindergarten through 5th grade and their families are invited to a special story and craft program presented by library staff. Sponsored by the Friends of the Northwest Regional Library.

Teen Programs

Kids Read Down Fines
10 a.m. to noon Saturdays, April 4, 18

5 to 7 p.m. Tuesdays, April 7, 21
Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only.

Yu-Gi-Oh Gaming

1:30 p.m. Saturday, April 4
Learn the basics and work on advanced techniques and strategies.
Game’n
3 p.m. Wednesdays, April 8, 22
A venue for all types of games: board, card or electronic. Sponsored by Friends of the Northwest Regional Library.
On the Table: Minecraft Creeper
April 13 to 17
Available during normal library

operating hours: Monday, Wednesday, Thursday: 9 a.m. to 6 p.m.; Tuesday: noon to 8 p.m.; Friday, Saturday: 9 a.m. to 5 p.m.

Arrange paper plates in a giant pixel paper craft.

Check the Lee County Library System’s website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.*

Library Programs

Dunbar Library

The Dunbar Jupiter Hammon Public Library is offering the following free program for children in April:

Family Storytime

10:30 a.m. Wednesdays, April 22, 29
This program is for the whole family and lasts about 30 minutes.

The library is located at 3095 Blount Street in Fort Myers. For more information about a program or to register, call the library at 533-4150. A sign language interpreter is available with five business days notice to library staff.

Check the Lee County Library System’s website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.*

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April At Fort Myers Regional Library

per day may be earned. For ages 18 and under. Credit may be applied to cards issued to patrons age 18 and under only. Please bring your library card.

Make a Bank
4 p.m. Tuesday, April 21
Save money with your own bank. Supplies are provided. Registration is required.

LEGO Building Club
5 p.m. Monday, April 27
Build and share LEGO creations. LEGOs provided. Registration is required.

Teen Programs

Anime Drawing Fan Club
5 p.m. Wednesday, April 1
Anime drawing fans share what they have created, discover content and connect with other fans. Colored pencils, pens and paper supplies are provided. Sponsored by the Friends of the Fort Myers Regional Library.

Teen Chess Club
5 p.m. Monday, April 6
A venue for beginners and aficionados alike to rise to the chess challenge. Sets provided, but players are welcome to bring their own.

Game Night for Teens
5 p.m. Monday, April 13
A variety of Wii and PS3 games are available for tweens and teens to play in this drop-in program. First come, first served. Sponsored by the Friends of the

Fort Myers Regional Library.
Kids Read Down Fines
2 to 3 p.m. Saturday, April 18
5 to 6 p.m. Monday, April 20
Location: Teen Room

Children and teens can earn a \$2 credit for every 15 minutes of reading, during the allotted time. A total of \$8 per day may be earned. For ages 18 and under. Credit may be applied to cards issued to patrons age 18 and under only. Bring your library card.

Teen Beading Club
6 p.m. Monday, April 20
Teens and tweens are invited to learn and create a new beading project. Instructions and supplies are provided. Sponsored by the Friends of the Fort Myers Library. Registration is required.

Money Visionary Board

5 p.m. Wednesday, April 22
Your life, your goals; make a dream come true by making plans for your future.

The Fort Myers Regional Library is located at 2450 First Street in Fort Myers. Adult programs are held in the meeting room building located across the library campus at 1651 Lee Street. For more information about a program or to register, call the library at 533-4600. A sign language interpreter is available with five business days notice to library staff.

Check the Lee County Library System’s website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.*

AppleJuice

Apple’s Family Share – Part II



by Carol Rooksby Weidlich, President, SWACKS

Last week we looked at Apple’s new Family Sharing, which allows you to group up to six people in your family to share each others iTunes,

iBooks and App Store purchases without sharing accounts. This week we’ll look at using Family Photo Album, Family Calendar, Reminders List, Sharing Your Location and Find My iPhone.

When a Family Sharing account is established and iCloud Photo Sharing is checked on all devices, a Family Photo Album titled “Family” is automatically created in the photos app allowing the family members to contribute their photos and videos into a shared album. When new content is added you will receive a notification.

Check out <http://www.knowyourmobile.com/devices/apple-ios-8/22852/how-use-ios-8-family-sharing-sharing-photos-calendars-and-locations-part/>
Family Sharing creates a Family

Calendar, which can be viewed and edited by all sharing members.

You also have the option to share your location with your group automatically through Find My Friends or the Messages app on iOS8. To turn this feature off, you will need to do so in your iCloud account settings. You can also find a member’s missing device using Family Sharing and Find My iPhone.

To set up Family Sharing you must know your personal Apple ID and password for your iCloud and iTunes 12 account. You can download music, movies, TV shows and books on 10 devices (of which five can be computers) per Family Sharing account. You can delete family members or they can leave your group.

Remember, not all content is eligible for Family Sharing. Some may be hidden by the family member and is not available for download.

For more information visit <https://www.apple.com/support/icloud/family-sharing/>.

South West Florida Apple Computer Knowledge Society workshops are held the second Tuesday of each month from 1 to 3 p.m., and meetings are on the fourth Tuesday of each month from 7 to 9 p.m., with the exception of July and August, at Zion Lutheran Church, 7401 Winkler Road in Fort Myers.

For more information on the South West Florida Apple Computer Knowledge Society (SWACKS), visit www.swacks.org.*

dearPharmacist

Vitamins To Boost Mood And Drugs That Smash Them



by Suzy Cohen, RPh

Dear Pharmacist:

What makes one person depressed and another happy? Certain conditions are commonly associated with depression such as hypothyroidism, Crohn's disease

or colitis, migraines, diabetes, chronic infections and cancer. Lifestyles such as drinking alcohol and smoking are correlated and the biggest secret of all is drug mugging! In my book *Drug Muggers*, I describe how drugs "mug" you of vital nutrients which you need to produce "happy" brain chemicals termed neurotransmitters. Today, I'll teach you what popular drugs lead to depression just by the mere fact they mug you of vitamins. No amount of Zoloft replenishes the nutrient steal.

There are three primary neurotransmitters in your brain, serotonin, noradrenaline and dopamine. Serotonin is

involved in emotion and mood control. Did you know that 95 percent of your serotonin is in your gastrointestinal tract, not your brain? Noradrenaline, also known as "norepinephrine," is involved in your "fight or flight" response. Dopamine is part of your inborn reward system which allows you to feel passion and pleasure. These three neurotransmitters are made in the body every second and they depend on adequate levels of B vitamins which you can get from eating right and keeping your gut healthy:

Thiamine or B1 – The journal *Neurology*, showed a thiamine deficiency contributes to a decrease in serotonin which can lead to depression and anxiety, as well as weight gain. Drug muggers include antivirals, oral contraceptives and hormone replacement, raw oysters, antacids and antibiotics.

Niacin or B3 – Tryptophan is metabolized in your brain into 5-HTP (5-Hydroxytryptophan) and goes on to form serotonin and dopamine. You need niacin for this biochemical reaction to occur. Acid blockers, antacids, cholestyramine and loop diuretics are drug muggers. Just so you know, serotonin is broken down at night to form melatonin, which makes you sleepy.

Pantothenic acid – This B vitamin makes for healthy adrenal glands; it's often low in people with hypoglycemia. Speaking of blood sugar, use your computer to tune in to a free online event

www.DiabetesSummit.net where I am giving a free one-hour interview along with 40 other experts. Blood sugar abnormalities cause mood swings. You need this B vitamin to make noradrenaline as well as your memory molecule acetylcholine. Deficiencies in vitamin B-5 are tied to decreased alertness, fatigue, memory problems and depression. Acid blockers, cholestyramine and antibiotics are drug muggers.

Pyridoxine or B6 – Pyridoxine is found primarily in beans, legumes, meat, eggs, fish and bread but you can't eat enough to make adequate levels of serotonin and dopamine. By improving the production and function of serotonin and dopamine, you can reduce the severity of certain types of seizures, neuropathic pain and Parkinson's disease. Drug muggers are corticosteroids, oral contraceptives (estro-

gens), loop diuretics and antibiotics.

Folate or B9 – This is folate not "folic acid" by the way. Up to 70 percent of depressed people have a genetic "personality" such that they have what's called an "MTHFR" polymorphism or what we call a SNP (pronounced "snip"). This situation compromises your body's ability to turn folate from your foods into L-methylfolate which you need to make neurotransmitters, especially your passion hormone dopamine. Drug muggers include metformin, fluoxetine, warfarin, oral contraceptives and high doses of niacin.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

From page 13

Gopher Tortoise

so far out in the water. I mean, it's just not part of their natural behavior to go swimming in deep water. And when they go to drink, it's at fresh streams," said Dr. Brittany. As Houston added, "He was out near Safety Harbor off North Captiva. There are a lot of construction workers on that route. Someone must have dumped him from a boat."

We may never know how the tortoise

found himself afloat in the middle of the sea, but one thing is for certain: the gentle creature owes his life to the quick-thinking captain and the highly-skilled veterinarians at CROW.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.✱

FGCU Offers Free Conference On Autism Spectrum Disorders

Today, one in 68 children is diagnosed with autism. A free conference addressing Autism Spectrum Disorders (ASD) will be held on Saturday, April 11 from 8 a.m. to 3:15 p.m. at Florida Gulf Coast University's Cohen Center. The 8th annual Promising Pathways, The Road to Best Practice in Autism will focus on topics relevant to families, educators and health professionals.

The keynote speaker is Chantal Sicile-Kira. Sicile-Kira's passion for empowering others, her love of writing, and her personal interest in autism has led her to become a leader in the field of adolescence and transition to adulthood, and an international speaker and award-winning author of five books. Having first worked with individuals with autism in California, and then raising her son Jeremy in three different countries gives her a perspective few in the field have. Chantal recently founded AutismCollege.com which provides practical information and training on-line for parents and educators.

Sicile-Kira's keynote will discuss the challenges, strengths and dreams of those living with autism. Challenge areas such as sensory processing, communication, social relationships and safety will be explained. How building on a person's strength or special interest can create community connections and employment opportunities will be explored. Finally, the dreams and hopes of those with autism and their families will be discussed, providing a greater understanding of neighbors who may be different, not less.

Conference breakout session topics include: Adolescents on the Autism Spectrum, Instructional Supports and Accommodations, Using the Floortime Model, Picky Eaters and Problem Feeders, Assessment and Treatment of High Functioning Autism in Children, Navigating the Neurotypical Working World, Seizures and Autism Spectrum Disorder, IEPs that Work, How Do Special Education Services Relate to Your Child?, and Supports for Work. A resource fair with vendors from a variety of autism-related businesses and service providers will also be available.

The conference is coordinated by a regional planning committee including parents



Chantal Sicile-Kira, keynote speaker for the Promising Pathways Autism Conference

of children with autism and interested community members, as well as representatives from the Center for Autism and Related Disabilities, Florida Gulf Coast University, Lee County School District, Collier County Public Schools and Family Care Council.

"Because of the need for current, research-based information, we are committed to educating all families, educators, healthcare workers, and community members interested in serving individuals with autism," said Leigh Anna Nowak, conference co-chair. "In order to make our conference accessible to all, we have never charged for attendance and our prestigious speakers have typically waived their honoraria. Our generous sponsors help us bring this important information to the community."

Sponsors include PEPSA, Working with the Experts, Adonis Autism Assistance Foundation, Easter Seals Florida, Family Care Council, Honc Marine & Honc Destruction, Golisano Children's Hospital, Katz Counseling & Educational Psychology, Brain Balance of Naples, Florida Institute of Technology, My Autism Connection, Osterhout & McKinney PA, Positive Behavior Support Corporation, Center for Autism and Related Disabilities at USF, Florida Gulf Coast University, David Lawrence Center, TATS, Elly Hagen Marketing & Public Relations, School District of Lee County, Costco, WINK News, The News-Press Media Group and *Parent & Child* magazine. Additional sponsorship opportunities are available.

The event is free and offers continuing education credits for some healthcare professionals. Space is limited and pre-registration is required. To register, go to www.fgcu.edu/events/promisingpathways. For more information, email PromisingPathways@fgcu.edu or call 745-3400.✱

The State Of Lee County Is Topic Of IMA Meeting

The Southwest Florida Chapter of the Institute of Management Accountants (IMA) is presenting State of the County as the topic for its March 24 program. Lee County leaders will talk about past, present and future state of affairs.

The two-hour program begins at 5:30 p.m. at the Holiday Inn, 9931 Interstate Commerce Drive, Fort Myers, and will feature a presentations by:

- Richard Wesch - Lee County attor-

ney;

- Roger Desjarlais - Lee County manager; and

- Larry Kiker - Lee County Commissioner.

Hear the facts, join the discussion, and ask your questions. To register and more information, visit <http://imaswfl-march2015.eventbrite.com>. For more information on IMA Southwest Florida, visit the IMA Southwest Florida website at www.swflima.org.

The cost to attend is \$30 for IMA members, \$35 for non-members and \$10 for students and retirees and includes dinner.

For more information about IMA, log onto www.imanet.org.✱

United Way Campaign Goal Exceeded Again



Buddy Kubesh, United Way Campaign chair, and Rob Wilson, United Way board chair, unveiling the thermometer showing \$9 million raised

The United Way of Lee, Hendry, and Glades has concluded the 2013-2014 Campaign and exceeded the campaign goal of \$8,890,994. Buddy Kubesh, 2014-2015 United Way Campaign chair, and Publix Super Markets store manager announced that local residents and companies contributed a record amount, \$9,038,833 to the campaign which is an increase over the amount



LCEC employee band, the Killa Watts, playing for the crowd of about 200 people at Six Bends Harley Davidson

raised last year. At the goal announcement, Kubesh said, "I have an amazing announcement to make. Not only has our United Way made goal, we have exceeded the campaign goal for the 22nd consecutive year by raising over \$9 million. Our wonderful community has done it again."

"Thank you to every individual and company who gave to the United Way Campaign. You realized that in our community many friends and neighbors are struggling. Because of your generosity, hungry families will receive food, abused children and adults can find safety and shelter, Alzheimer's and Parkinson's patients can receive support, and babies and toddlers can get a healthy start in life. You gave so others could have a better life. I am enormously proud to call Southwest Florida home, where people really care about each other."

"Making our campaign goal means that the 80 United Way Partner Agencies and 200 programs that United Way supports will receive their full allocation of funding. Yes, our economy has improved, but there are still many families, children and elderly that continue to struggle. Exceeding goal means that United Way Partner Agencies and programs will be able to better serve more people in our community."

Kubesh said, "All money raised by our United Way stays in this community, and our United Way keeps administrative and fundraising cost extremely low, returning over 91 percent of what is raised to the local agencies and programs."

"Again, a sincere thank you to all of the individuals, companies, communities and partner agencies for your generous contributions. You proved again what a great caring community this is."

The top local contributing companies and the top communities are as follows:

Top United Way Company Contributors

- 1. Publix, \$1,622,858
- 2. Bonita Bay Group, \$422,151
- 3. Chico's FAS, \$400,000
- 4. LCEC, \$204,095
- 5. Lee County School District, \$200,000
- 6. Lee Memorial Health System, \$160,366
- 7. Enterprise Holdings, \$151,764
- 8. BB&T Oswald Trippe & Company, \$114,785
- 9. FineMark National Bank & Trust, \$113,573

Top United Way Community Contributors

- 1. Bonita Bay, \$792,269
- 2. Sanibel and Captiva \$346,137
- 3. Mediterra, \$291,301
- 4. Brooks, \$252,815
- 5. Pelican Landing, \$234,044
- 6. Fiddlesticks, \$207,029

After hearing the United Way goal announced, Carol Conway, CEO of Child Care of Southwest Florida said, "Our local United Way rocks! Not only do they come through every year by raising critical funds to support our area's human service needs, they do it with joy, enthusiasm and compassion. We are better and stronger in every way as a result of our affiliation with the United Way. We are proud to be a part of this growing and special network. Quite simply, they make life better for all of us."

Al Brislain, president and CEO of Harry Chapin Food Bank said, "We are proud partners of United Way, and we were delighted to hear United Way surpassed the 2015 goal for Lee County. Without United Way's support, the Harry Chapin Food Bank would not be able to feed thousands of our neighbors in need each and every month. On behalf of the people we serve, thank you to United Way and to all the donors that made this year's campaign a great success."

"Surpassing this campaign goal and raising over \$9 million shows how much people in our community care about each other. That is why our community is such a special place," said Cliff Smith, president of United Way of Lee, Hendry, Glades, and Okeechobee.

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am in my late 60s, widowed for five years and living in the same house for the last 45 years.

I thought I was managing well, but I started to have severe allergy problems and my doctor suggested I have the house inspected for molds.

I contacted a local man who frequently does home inspections. He told me I had a terrible problem. My house was full of termites and mold in addition to many other structural problems. He estimated that to correct my problems, it would cost me \$40,000. I was inconsolable.

A friend suggested I contact the best company with the highest credentials. After their inspection, they told me that I have no termites, no structural damage but a bad case of mold and it would cost \$3,000 to repair. They also told me that the house inspector was just taking advantage of an elderly widow. I had the problem corrected and my sniffing and headaches are almost all gone. Just passing my experiences on.

Louise

Dear Louise,

There is little doubt that the elderly can be victims of fast-talking thugs. The economy being what it is will encourage more criminal activity and people who will do anything to get extra cash for their own use. Many times it is far more economical, in the long run, to contact the most qualified and then go from there to decide the best plan of action.

Lizzie

Dear Louise,

There are many people offering honest work and, unfortunately, just as many people looking for ways to take advantage of others. Individuals of all sizes, age and education can be hoodwinked, thus the adage, "Let the buyer beware." Keeping informed, trusting your intuition, and pursuing multiple options are your best strategies.

I am glad that your sniffles are gone, and thank you for sharing your experiences so that others may stay informed.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✧

Help For Those With Hearing Loss

Florida Telecommunications Relay, Inc. (FTRI), the non-profit distributor of amplified telephones for people with hearing loss and speech challenges, has opened a new distribution center in Lee County at the Center for Independent Living Gulf Coast, 7011 Cypress Terrace, Suite 103 in Fort Myers.

At the distribution center, permanent Florida residents who are certified as having hearing loss or speech challenges can easily obtain amplified telephones and other telecommunications equipment at no cost.

For more information, call the center

at 260-4575 or visit <http://ftri.org/gulf-coast>.

"Our mission at FTRI is to provide Floridians with hearing loss the best telecommunications products available so they can once again enjoy conversations using the telephone and stay connected to their loved ones," said FTRI Executive Director James Forstall. "We are excited about our partnership with the Center for Independent Living Gulf Coast and that this new distribution center in Lee County will help us improve the lives of residents in the region who are struggling with hearing loss."

FTRI estimates that more than three million Floridians experience some degree of hearing loss.

For more information, visit www.clarityproducts.com or call 800-426-3738.✧

CollegeTo Host Health Info Workshop

Florida SouthWestern State College (FSW) in Fort Myers will host a two-day workshop for the Florida Health Information Management Association (FHIMA). These workshops will take place from 8 a.m. to 5 p.m. on Saturday and Sunday, April 18 and 19.

"We are honored to have the FHIMA bring these educational courses to FSW," said Elizabeth Whitmer, health information technology faculty. "The field of health information technology has grown significantly in recent years, and we want to provide our professionals with every opportunity to learn about changes and advancements as they are available."

The workshop will cover Clinical Modification (CM) and Procedural Coding Services (PCS). Additionally, a workshop discussing Clinical Documentation Improvement will take place on April 18. These workshops will provide coding tips, how to overcome challenging areas, possible scenarios and more related to the CM and PCS programs.

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Doctor and Dietitian

Sitting Too Much?



by Ross Hauser, MD and Marion Hauser, MS, RD

Most of us spend a good part of our day sitting down. It's a difficult position to avoid. We sit at our desk at work, at meetings, at restaurants, while driving, then for hours in front of the television. The average person sits between seven and 15 hours a day. Excess sitting, though, has been linked to a host of health conditions such as obesity, high blood pressure, heart disease, diabetes, cancer and depression.

Unfortunately, the time you spend at the gym or outside exercising doesn't seem to counteract the accumulative ill effects of prolonged sitting. It's similar to having a bad night's sleep... no amount of exercise can reverse that.

How does sitting too much link to health problems?

The complete picture is still unknown. But we do know that muscles burn less fat and blood flows more sluggishly when sitting for prolonged periods, increasing the risk of heart disease, high blood pressure and other problems. Upon standing, these same muscular and cellular systems are activated by carrying your own bodyweight. Our bodies are designed to move and be active.

We don't want to sit our life away, so what do we do?

Don't stress. Remember, sitting for a few minutes to decompress is actually good for you. Value those times. Then make a plan to stand when you can.

- Get up every 30 minutes.
- Use a standing desk at work.
- Stand/walk around during TV commercials.
- Walk during lunch breaks, water or coffee refills.
- Incorporate standing and walking meetings.
- Reduce sitting, little by little, each week.

As you get used to sitting less, moving becomes more natural. Staying out of your chair is a step to a healthier lifestyle.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@car-ingmedical.com.✧

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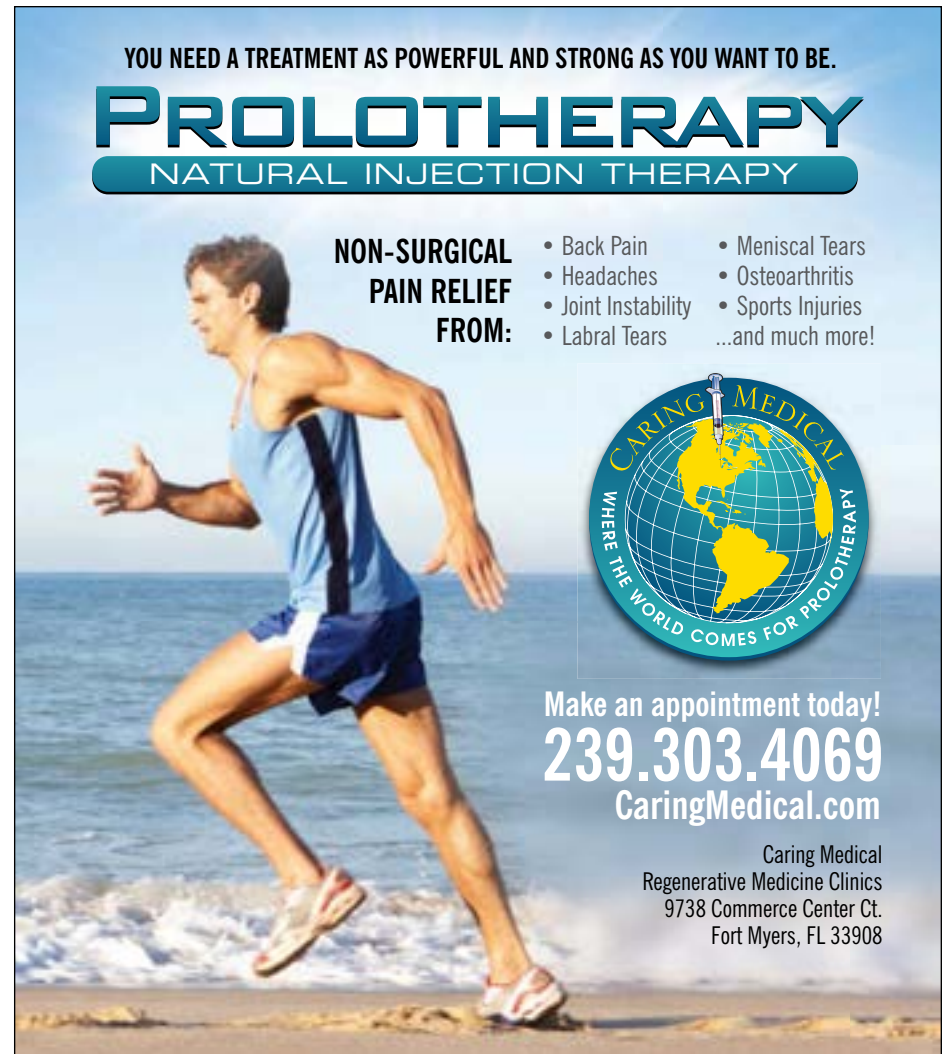
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From page 30

United Way Campaign

All money raised in the United Way Campaign stays in the local community to help support the local human service network. United Way partner agencies and initiatives like Alvin A. Dubin Alzheimer’s Resource Center, Children’s Advocacy Center, Harry Chapin Food Bank, ACT, LARC, and United Way 211 serve a diverse range of needs in our community such as nurturing children and youth, strengthening families, and meeting critical needs such as helping the elderly and disabled live independently, and empowering communities by bringing health and human services to neighborhoods.

In addition to raising funds for human service organizations in the community, the United Way promotes partnerships and collaborations among agencies and initiatives, helping them to work together focusing on issues and solutions that continue to improve lives.

The United Way of Lee, Hendry, Glades, and Okeechobee has raised and distributed over \$137 million since it was established in 1957. For more information, call United Way at 433-2000 or visit www.unitedwaylee.org.

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Health Info Workshop

The CDI workshop will address the importance of CDI programs and ensuring those results to achieve better results.

To register, or learn more about these events, visit www.FHIMA.org or contact Elizabeth Whitmer at ewhitmer@fsw.edu

or 489-9493. Registration costs range from \$150 to \$530, depending on the workshops attended and membership status with FHIMA.

Humane Society Annual Run/Walk

The 5th annual Fast and the Furriest 5K Run and 1-Mile Walk to benefit the Gulf Coast Humane Society (GCHS) will be held Saturday, April 18 at Hammond Stadium.

Hundreds of like-minded dog lovers and supporters run and walk the event with or without their dog each year. Avid runners can race to compete, while others can take a leisurely run or walk. Dogs are welcome to participate accompanied their owners on a non-retractable lead.

The chip-timed race will begin at 8 a.m. Awards for overall best male and female, and the top three performers in each age group will be presented following the race. Awards will also be presented to the top three dogs in three different weight classes. Participants in all three local Humane Society 5K races will receive a special Triple Crown Award upon completion of the Fast and The Furriest 5K Run and 1-Mile Fun Walk.

Registration can be completed at the events page on www.gulfcoasthumanesociety.org or at www.active.com. All proceeds will benefit the Gulf Coast Humane Society.

Gulf Coast Humane Society, located at 2010 Arcadia Street in Fort Myers, was established as the first non-profit animal welfare organization in Southwest Florida in 1947. For more information call 332-0364 or visit www.gulfcoasthumanesociety.org.

Animal Services’ Kitten Shower

Animal Services plans to be ready for the deluge of cats and kittens that will enter the shelter starting in May when most cats begin their breeding cycle.

This year the agency will host a kitten shower from 10 a.m. to noon Saturday, April 11. Items needed include kitten formula, nursing bottles, baby blankets and cat beds.

The shower will feature games, prizes, food and refreshments as well as training on caring for newborn kittens. The items may be brought to the shelter the day of the event. Anyone unable to attend may drop off items from 8 a.m. to 4 p.m. Monday through Saturday at the shelter, 5600 Banner Drive, Fort Myers.

Applications to become a foster volunteer will be available at the shower and

online at www.LeeLostPets.com. The foster program was implemented to provide temporary homes for adoptable animals when the shelter is at maximum capacity, for underage pets not old enough for adoption or pets needing tender loving care, socialization and/or obedience training.

Kitten season runs from May to November so now is the time to prevent the unwanted litters of feral and free-roaming cats. Through Animal Services’ Trap-Neuter-Return Program cats are trapped by their caretakers, spayed or neutered and vaccinated against rabies. The service is free through Animal Services’ program to reduce feline overpopulation and the needless deaths of thousands of cats each year.

For more information about the foster program, kitten shower and a complete list of items needed go to www.LeeLostPets.com. Information about the Trap-Neuter-Return program is also available online or at 533-9234 and spay@leegov.com.

Fill The House Campaign

A little spare change can go a long way... and Ronald McDonald House Charities (RMHC) of Southwest Florida is counting on it! Help Fill The House with coins during the Pennies from the Heart campaign. The community is encouraged to bring their coins to the Ronald McDonald House and watch us raise the roof as coins are dropped off in hopes of filling the House by the end of April.

“Pennies from the Heart helps the Ronald McDonald House ‘Fill The House’ in many ways, from covering the costs of housing a family in need to keeping our pantry and supplies stocked,” said Angela Katz, development director for RMHC. “The support of community partners is the key to making the ‘Pennies from the Heart’ campaign a continued success for Ronald McDonald House Charities. By working together, a little spare change can indeed go a long way in making a significant impact on the lives of the children and families in our care.”

Many schools, organizations, communities and businesses throughout Southwest Florida have already pledged support for the 2015 campaign. Anyone interested in making a donation is encouraged to contact Angela Katz at 437-0202 or Angela@rmhcswfl.org for more information.

Professional Pet Care Course

The Office of Continuing Education & Off-Campus Programs at Florida Gulf Coast University (FGCU) has teamed with Mary Lynn Gagnon to offer an online Professional Pet Care Certificate Course, a seven-week course for pet owners, pet care workers or pet lovers.

The certificate program includes online coursework, pet CPR and first aid, and a 54-hour internship. The virtual course is slated for February 23 to April 10, with pet CPR and first aid set for March 16 to April 3. Individuals who do not need or want the full certificate course can opt to take only the online pet care course, or just CPR and

first aid.

For more information or to register, call 425-3270, or go online at <https://register.fgcu.edu/>; enter search term “CE2866” or “Pet.”

The 54-hour internship must be completed within six months of the last class date, or by October 10. Gagnon is coordinating the internships with local pet care providers in the Fort Myers/Lee County area. For participants outside the Fort Myers metro area, Gagnon will coordinate internships on a case-by-case basis.

Gagnon is the founder and owner of Pet Educational Training Services and Pet Estates, a pet boarding and daycare facility, in Melrose, New York.

Top10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Tuscany Isle	Bonita Springs	2000	7,600	\$3,850,000	\$3,050,000	153
Metes And Bounds	Captiva	1993	4,628	\$2,799,585	\$2,500,000	185
Ibis Cove At Bonita Bay	Bonita Springs	1998	5,014	\$1,895,000	\$1,800,000	5
Turtle Walk	Fort Myers Beach	2014	2,295	\$1,895,000	\$1,600,000	28
Crescent Beach	Fort Myers Beach	1939	928	\$989,000	\$975,000	242
Cape Coral	Cape Coral	2010	2,972	\$899,900	\$874,900	9
Las Palmas	Bonita Springs	2004	2,488	\$869,000	\$850,000	452
Metes and Bounds	Sanibel	1979	2,091	\$849,000	\$849,000	0
Arezzo	Bonita Springs	2003	3,228	\$850,000	\$835,000	162
Siena	Miromar Lakes	2005	2,895	\$825,000	\$780,000	579

Courtesy of Royal Shell Real Estate

DID YOU KNOW

TRIVIA TEST

1. GEOGRAPHY: In what nation might you hear the Xhosa language?
2. U.S. PRESIDENTS: Which president nationalized U.S. steel mills to avert a strike? (The U.S. Supreme Court later ruled that he lacked authority to do so.)
3. LANGUAGE: In cowboy lingo, what's a maverick?
4. MEASUREMENTS: About how many pounds does one U.S. gallon of water weigh?
5. POLITICS: In what country did the communist guerrilla group The Shining Path operate?
6. GENERAL KNOWLEDGE: What is the origin of the international distress signal "may-day"?
7. MATHEMATICS: What is the Arabic equivalent of the Roman numeral DLX?
8. HISTORY: When were the first Olympic Games held in Greece?
9. TELEVISION: Who portrayed Festus on TV's long-running drama "Gunsmoke"?
10. ASTRONOMY: What is the largest moon of all the planets in our solar system?

ANSWERS

1. South Africa 2. Harry Truman 3. An unbranded range animal 4. 8.34 pounds 5. Peru 6. The French term "m'aidez" or "help me!" 7. 560 8. 776 B.C. 9. Ken Curtis 10. Jupiter's Ganymede

SPORTS QUIZ

1. When was the last time before 2014 that the Kansas City Royals had a winning streak of at least 10 games?
2. Name the last College World Series game to go 15 innings before Virginia and Texas Christian did it in 2014.
3. Who was the first tight end to be named an NFL Offensive Player of the Month?
4. In 2014, Oakland's Travis Bader set a Division I record for most career 3-point shots made (504). Who had held the mark?
5. Who was the last defenseman in the 20th century to score four goals in an NHL game?
6. In 2014, Austrian Mario Matt became the oldest alpine men's skier (34) to win an Olympic gold medal. Who had been the oldest?
7. Who are the three male pro golfers to win three major titles by age 25?

ANSWERS

1. The Royals won 14 in a row in 1994. 2. Southern Cal and Florida State, in 1970. 3. New Orleans' Jimmy Graham, by the NFC in 2013. 4. Duke's J.J. Redick, with 457 made. 5. Edmonton's Paul Coffey, in 1984. 6. Norway's Kjetil Andre Aamodt, who was a younger 34 when he won the 2006 Olympic super giant slalom. 7. Jack Nicklaus, Tiger Woods and Rory McIlroy.

My Stars ★★★★★

FOR WEEK OF MARCH 30, 2015

ARIES (March 21 to April 19) An unexpected problem should be handled as quickly as possible so that it doesn't cause too much of a delay. Someone who knows what you're facing could provide needed advice.

TAURUS (April 20 to May 20) An unsettling situation seems to be taking forever to be resolved. Fortunately, your Bovine aptitude for patience is strong this week, so you'll be more than able to wait it out.

GEMINI (May 21 to June 20) Taking a stand against an uncalled-for situation involving a friend or co-worker isn't easy, but somehow you'll rise to the challenge and do it. Rely on advice from someone you trust.

CANCER (June 21 to July 22) There are still some questions on all sides that need to be dealt with in order to allow hurt feelings to heal. Get your workplace tasks done early so that you can devote more time to loved ones.

LEO (July 23 to August 22) Consider a new spring makeover that will show all you Leos and Leonas in your best light. A new hairdo and some fashionable new clothes can help put a fresh glow on your image.

VIRGO (August 23 to September 22) Some stormy, emotional weather can blow up in the workplace when an irate co-worker has strong words for you. But if you believe right is on your side, you'll be able to ride it out.

LIBRA (September 23 to October 22) Creating more balance in your life is especially important now so that you're not distracted when you get into projects that will make demands on both your physical and mental energies.

SCORPIO (October 23 to November 21) As much as you enjoy being right when others are not, show your generous side by offering to use what you know to everyone's benefit. This way, you gain admirers and avoid resentment.

SAGITTARIUS (November 22 to December 21) This is a good week for the Archer to aim at healing relationships. Whether it's at home, at work or among your friends, get everyone to set things straight and make a fresh start.

CAPRICORN (December 22 to January 19) Although you like things done your way, this is a good time to listen to ideas from others. You might even find yourself agreeing with one or more of their suggestions.

AQUARIUS (January 20 to February 18)

Aspects favor positive action to reclaim your ideas from someone who might want the glory without doing any of the work. Expect to find many people rallying to support you.

PISCES (February 19 to March 20) You might feel uneasy about taking that step forward at work or in your private life. But who knows better than you that while treading water keeps you afloat, it doesn't get you anywhere.

BORN THIS WEEK: You have a way of creating positive attitudes and making people feel good about themselves.

THIS WEEK IN HISTORY

- On April 2, 1863, responding to acute food shortages, hundreds of women riot in Richmond, Virginia, breaking windows and looting stores, before Confederate President Jefferson Davis threw his pocket change at them from the top of a wagon. Davis ordered the crowd to disperse or he would order the militia to fire on them.

- On April 3, 1882, one of America's most famous criminals, Jesse James, is shot to death by fellow gang member Bob Ford. Detective magazines had glamorized the James gang, turning them into Robin Hoods. In reality, Jesse James was a ruthless killer who stole only for himself.

- On March 31, 1931, Knute Rockne, the legendary Notre Dame football coach, is killed in a plane crash. He was 43. From 1918 to 1930, Rockne compiled a record of 105 wins, 12 losses and 5 ties, and won six national championships.

- On April 1, 1948, Soviet troops begin stopping U.S. and British military trains traveling through the Russian sector to and from Berlin. In June, the Soviets began a full-scale blockade of the U.S.-British-French sectors. Thus began the Berlin Blockade, when U.S. aircraft began dropping supplies into Berlin.

- On April 4, 1968, Martin Luther King Jr. is shot to death at a hotel in Memphis, Tennessee. A single shot fired by James Earl Ray from more than 200 feet away struck King in the neck. The death of America's leading civil-rights advocate sparked a wave of rioting in black communities around the country.

- On April 5, 1976, Howard Hughes, one of the richest men to emerge from the American West, dies while flying from Acapulco to Houston for medical treatment. Hughes' bizarre behavior grew worse in his final years, as he became obsessed with privacy and sometimes worked for days at

a stretch in a black-curtained room without sleeping.

- On March 30, 1980, a floating apartment platform for oil workers in the North Sea 235 miles east of Scotland collapses, killing 123 people. No one was expecting that a large wave would collapse and capsize the platform.

STRANGE BUT TRUE

- It was Nobel Peace Prize-winning philosopher Albert Schweitzer who made the following sage observation: "The great secret of success is to go through life as a man who never gets used up. That is possible for him who never argues and strives with men and facts, but in all experience relies upon himself, and looks for the ultimate cause of things in himself."

- In the United Kingdom it is illegal to deface paper money, but it's perfectly legal to burn it.

- Gene Cernan was the 12th -- and last -- human to walk on the moon, in December 1972. While he was there, he scratched his daughter's initials onto the lunar surface. Those initials, "TDC," are likely to remain there for tens of thousands of years.

- According to the folklore of Wales, fairies prefer traveling on the backs of corgis to any other mode of transport.

- You may be surprised to learn that most Greek and Roman statuary and architecture weren't originally the pristine white we see today. Archaeologists have found evidence that these structures and sculptures were brightly painted in ancient times; the paint has just worn off in the intervening centuries.

- Most muppeteers are right-handed and use their dominant hand to operate their puppets' heads; therefore, most muppets are left-handed.

- If you have kids between the ages of 9 and 11, you might be interested to learn that nearly half of respondents in a survey believe that is the appropriate age for kids to begin helping vacuum the house.

- The White House's first display of fireworks to celebrate Independence Day occurred in 1797 and was hosted by President John Adams.

THOUGHT FOR THE DAY

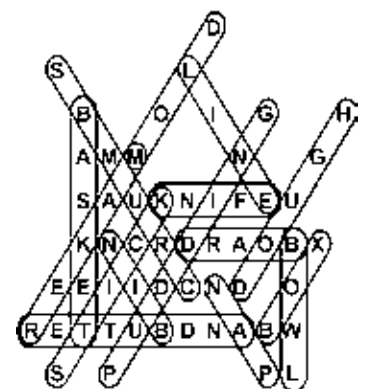
"There are some experiences in life which should not be demanded twice from any man, and one of them is listening to the Brahms Requiem." -- George Bernard Shaw

PUZZLE ANSWERS

ABSORB SPIRITS TWIRLS
SOTRLG VANESSA FASEJP
WHAT SHOULD ILY SHIKL
ERRSEN MOITITLEANEW
MISERVIS RARE
SITJATION COMEDY PLATE
ISIS STELLA OAHU CON
CONCLR HOO GJN FEMETT
FEATURING SINGTRATT
IAMEH ANI NASIER
SOS HAYONETED COE
OCTAVIA OKD NORAH
PLAYINGTHELEAOROLEOF
HORNETWOESTRUGELVES
ICE TORI FSTOPS PERK
AKRON AGIFTEDANDFUNNY
RAVINEA TAILIS
PARAMEDIC LIJ IVY AFI
EATES SAVEDBY LABELLE
ATTEST ANISEED NOSIER
LOSSES STATERS SYSTEM

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*NS 3/20 CC 3/27

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*RS 3/13 CC 6/26



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*RS 3/21 NC TFN

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SEASONAL RENTAL WANTED

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After March 31 call

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*NS 3/27 CC 3/27

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2 bedroom furnished, ground level cottage
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\$1,000 monthly, with most utilities
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Call 239-312-4127 or 859-473-4480.

*NS 3/27 CC 3/27

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ANNUAL RENTAL WANTED

Recent island resident/community member/
many years BIG ARTS employee seeks
low cost unfurnished annual rental for
self and small cat. Help us come home?
Wendy 239-823-2399.

*NS 2/13 NC TFN

ANNUAL RENTAL WANTED

Annual rental wanted Island family 2 adults
1 eleven year old boy. We have lived on
the island for almost 4 years. Sons attends
Sanibel school. We would love to have a
3 year rental. Have excellent references.

Please call

239-472-0875

650-201-2626

Frank

*NS 3/27 CC TFN

SANIBEL ANNUAL RENTAL WANTED

Married couple with daughter seeking
3+ BR Single Family House
East of Rabbit Road
Starting after May 15, 2015.

No smoking. No pets.

Please contact Bart at 239-579-0640 or
bzautcke@gmail.com

*NS 3/20 CC 3/27



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*RS 11/28 CC TFN

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*RS 3/20 CC 4/3

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*RS 1/25 BM TFN

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*RS 3/13 CC TFN

VOLUNTEERS NEEDED

Volunteers needed for light general
maintenance. Call (CHR) Community
Housing & Resources, Inc. 472-1189.

*NS 11/1 NC TFN

VOLUNTEERS NEEDED

The Bailey-Matthews National Shell
Museum needs Education and Great Hall
volunteers. No experience necessary, will
train. Please contact Melanie at
(239) 395-2233 ext 11.

*NS 7/11 NC TFN

VOLUNTEER OPPORTUNITY

The Sunshine Ambassador Program
is a new and exciting volunteer opportunity
offered at the Golisano Children's Hospital
of Southwest Florida located within
HealthPark Medical Center. The Sunshine
Ambassadors will greet, assist and be a
positive first point of contact for patients,
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The Ambassadors also make a difference
to families by providing educational
and healthful resources to assist in
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If you would be interested in learning more
about this wonderful new opportunity,
please contact Lisa Ellinwood, Volunteer
Resources Coordinator at 239-343-5062
at the Golisano Children's Hospital.

*NS 2/8 NC TFN

HELP WANTED

IN-HOME HELP NEEDED

In-home help needed for
healthy elderly woman.
Fridays, Saturdays & Sundays,
approx. 10:00 a.m. to 5:00 p.m.
Meal prep, light housekeeping,
errands, some personal care. Must have
driver's license, own car, clean record.
Background check req.
Call 608-838-4266 for info.

*NS 3/27 CC 3/27

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*NS 3/6 CC 3/27

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Jerry's Foods is looking for
Cashiers/Baggers night time hours
3 to 10 Sunday through Saturday
29 hrs a week.

We are also looking for Servers
in the Restaurant various hours
7 days a week.

If interested contact
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*NS 2/6 CC TFN

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nature store located at the J.N. DING
Darling National Wildlife Refuge and
run by the non-profit Society. Candidate
must be available to work Saturdays
and Sundays from 8:45 a.m. - 4 p.m. (5
p.m. in season.) Responsibilities include
supervising the store when manager not
present, maintaining visual appeal of
the store, working with volunteers, and
stocking the store, receiving merchandise.
Must have great customer service/people/
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Must be high energy with general math
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bookstore@dingdarlingsociety.org.

*NS 3/20 CC 3/27

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*NS 3/13 CC TFN

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*RS 3/6 CC 5/29

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*NS 3/27 CC 3/27

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*NS 3/27 CC 3/27

YARD SALE

Tools, Books, Furniture,
Cookware, Rugs, Artwork,
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Saturday 3/28 and Sunday 3/29.
497 Lake Murex Circle.

*NS 3/27 CC 3/27

GARAGE SALE

Carmen's downsizing garage sale
Saturday 3/28/15
from 10 am to 4pm at
9446 Beverly Lane - Gumbo Limbo.
Every thing goes, Dining Room,
Kitchen, Living Room, Office, ETC

*NS 3/27 CC 3/27

GIGANTIC GARAGE SALE

March 28 & 29 open at 9:00-2:00
450 Leather Fern Place - Turn LEFT at the
Leather Fern sign off Casa Ybel!
SIGNS IN YARD!
Downsizing... 3 storage buildings
of items over 20 years!
China, Glassware, Household items,
Furniture, Clothing - name brand size med-
female-suites, blouses, slacks and
Large - male; suites, pants, shirts.
Large new bird cage.
Many items... Must sale!
NO EARLY SALES!

*NS 3/27 CC 3/27

GARAGE SALE

FRIDAY APRIL 3
8 AM - 1 PM
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AND MORE.

*NS 3/27 CC 3/27

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CLASSIFIED DEADLINE FRIDAY AT NOON





Red Sunset Clam Chowder

2 slices bacon, cut into half-inch squares
 1/3 cup onion, chopped
 3 tablespoons green bell pepper, diced
 3 tablespoons celery, diced
 2/3 cup potato, peeled and diced
 1 8-oz bottle clam juice
 1 cup canned, diced tomatoes,
 with juice

1 1/2 dozen littleneck clams, rinsed well
 2 tablespoons fresh parsley, chopped
 Salt and pepper to taste

Cook bacon in a three-quart heavy
 saucepan over medium heat until golden.
 Reduce heat to low. Add onion, bell pep-
 per, and celery and cook until softened,
 about five minutes. Stir in potato, clam
 juice, and tomatoes; cover and simmer 10
 minutes. Add clams; cover and simmer 8
 to 10 minutes, stirring occasionally, until
 clams open. Discard any clams not open
 after 10 minutes. Move pan off heat.

Remove clams with tongs, reserving a
 few clams in the shell for garnish. Detach
 clam meat from remaining shells and
 return meat to chowder. Stir in parsley, salt
 and pepper to taste.

Note: The chowder (without the clams
 and parsley) can be made one day ahead.
 Bring chowder to a simmer then add clams
 and proceed as directed.

Yield 4 servings

Nutritional Value Per Serving

Calories 308, Calories From Fat 99,
 Total Fat 11g, Saturated Fat 3g, Trans



Red Sunset Clam Chowder

Fatty Acid 0, Cholesterol 90mg, Total
 Carbohydrates 19g, Protein 33g, Omega
 3 Fatty Acid 0.39g *

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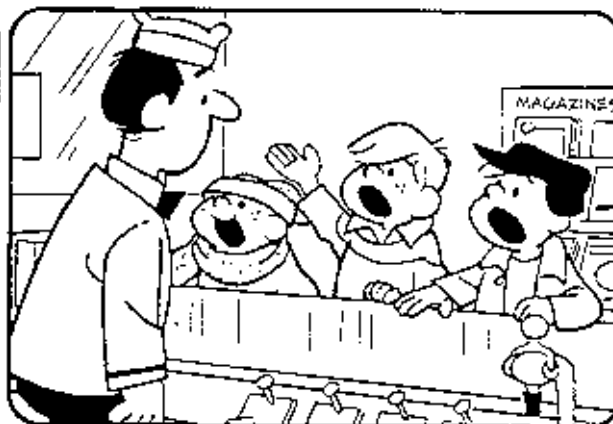
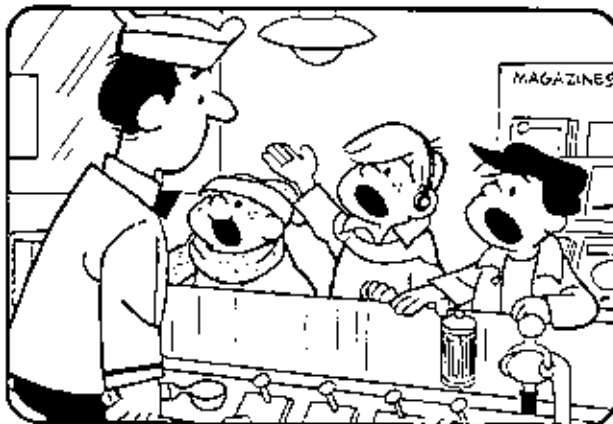
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HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find At Least Six Differences Between Panels

Unter 0000: 1. Lip is different; 2. 0000 is missing; 3. Lip is missing; 4. 000000 is missing; 5. Strain marker is missing; 6. Flag is lower.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



"At least my ex-wife isn't bugging me for anymore!"

Explode

RALFE

Alert

TIFONY

Notify

CLAM

Butter

INCHOU\$

TODAY'S WORD

answer on page 37

PUZZLE ANSWERS

SUDOKU

8	2	6	7	1	3	4	9	5
9	7	1	2	5	4	8	6	3
4	5	3	8	9	6	2	1	7
7	4	9	5	8	2	1	3	6
3	6	2	4	7	1	5	8	9
1	8	5	3	6	9	7	4	2
6	9	4	1	2	5	3	7	8
2	3	7	6	4	8	9	5	1
5	1	8	9	3	7	6	2	4

SCRAMBLERS

solution

1. Flare; 2. Notify;
3. Calm; 4. Cushion

Today's Word

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Shore Fishing: Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big f sh from the beach can be hard on the f sh. Dragging a f sh up onto the sand if you're going to release it is not an option as it usually damages or kills the f sh.

- Hold the f sh in the water while you unhook it if you're going to release it.
- The less you can touch a f sh before release the better for the f sh.
- If you want a picture with the f sh, support it as you lift it out of the water – and do it quickly.
- Before releasing, revive the f sh while holding it in the water; moving it slowly back and forth so water goes over its gills. The f sh will let you know when it's ready to swim off.
- Florida just recently changed the regulations on f shing from shore. Florida residents as well as out of state visitors need a f shing license to f sh from shore.

		6	1				5
9			2	4	8		
	5			6		1	
7			5			3	
		2		7	5		9
	8		3		9		2
		4			5		8
	3			4		9	
5		8	9			2	

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 37

Pets Of The Week

Hi, I'm Louise and I was found with my BFF Thelma. No, we weren't on a road trip in my '66 T-Bird convertible like in that famous movie we were named after. We were found hanging out the park. We would rather be hanging out with you. Both of us are easy, breezy, happy-go-lucky gals. Please help us find a happy ending to our story. My adoption fee is \$75 (take a shot and make a basket and you will get \$20 off your adoption fee during Animal Services' March Madness adoption promotion).

They call me Bucco and I'm a dapper little fellow as you can see from my bow tie. I could be the perfect guy for you too. I'm the good looking silent type but I'm also romantic. I'll show you lots of affection if you take me home. My adoption fee is \$50 (take a shot and make a basket and you will get \$20 off your adoption fee during Animal Services' March Madness promotion).



Louise ID# 613755

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Bucco ID# 613725

Emergency.....911

Lee County Sheriff's Off ce 477-1200

Florida Marine Patrol 332-6966

Florida Highway Patrol 278-7100

Poison Control 1-800-282-3171

HealthPark Medical Center.....1-800-936-5321

Ft. Myers Chamber of Commerce 332-3624

Foundation for Quality Childcare 425-2685

Fort Myers Beach Chamber of Commerce..... 454-7500

Fort Myers Beach Library 463-9691

Lakes Regional Library 533-4000

Lee County Chamber of Commerce..... 931-0931

Post Off ce.....1-800-275-8777

Visitor & Convention Bureau 338-3500

ARTS

Alliance for the Arts 939-2787

Arts For ACT Gallery & Studio..... 337-5050

Art League Of Fort Myers 275-3970

Barbara B. Mann Performing Arts Hall..... 481-4849

BIG ARTS 395-0900

Broadway Palm Dinner Theatre 278-4422

Cultural Park Theatre..... 772-5862

Edison Festival of Light 334-2999

Florida Repertory Theatre at the Arcade 332-4488

Florida West Arts 948-4427

Fort Myers Symphonic Mastersingers 288-2535

Gulf Coast Symphony 489-1800

Harmony Chorus, Charles Sutter, Pres 481-8059

Naples Philharmonic 239-597-1111

The Schoolhouse Theater 472-6862

SW Florida Symphony 418-0996

Theatre Conspiracy 936-3239

Young Artists Awards..... 574-9321

CLUBS & ORGANIZATIONS

Angel Flight1-877-4AN-ANGEL

Animal Refuge Center 731-3535

American Business Women Association 357-6755

Audubon of SWFL 339-8046

Audubon Society 472-3156

Caloosahatchee Chapter DAR..... 482-1366

Caloosahatchee Folk Society 321-4620

Cape Chorale Barbershop Chorus.....1-855-425-3631

Cape Coral Stamp Club..... 542-9153

duPont Company Retirees 454-1083

Edison Porcelain Artists..... 415-2484

Embroiderers Guild of America - Sea Grape Chapter239-267-1990

FM UDC Chapter 2614 - United Daughters of the Confederacy... 728-3743

Friendship Force Of SW FL 561-9164

Garden Club of Cape Coral239-257-2654

Horticulture and Tea Society 472-8334

Horticultural Society 472-6940

Lee County Genealogical Society 549-9625

Lee Trust for Historic Preservation 939-7278

NARFE(National Active & Retired Federal Employees 482-6713

Navy Seabees Veterans of America 731-1901

Paradise Iowa Club of SWFL 667-1354

Sons of Confederate Veterans..... 332-2408

Southwest Florida Fencing Academy..... 939-1338

Southwest Florida Music Association561-2118

Kiwanis Clubs:

Fort Myers Beach..... 765-4254 or 454-8090

Fort Myers Edison 694-1056

Fort Myers South 691-1405

Gateway to the Islands..... 415-3100

Iona-McGregor 482-0869

Lions Clubs:

Fort Myers Beach..... 463-9738

Fort Myers High Noon 466-4228

Estero/South Fort Myers 898-1921

Notre Dame Club of Lee County 768-0417

POLO Club of Lee County 477-4906

Rotary Club of Fort Myers 332-8158

Sanibel-Captiva Orchid Society..... 472-6940

United Way of Lee County 433-2000

United Way 211 Helpline (24 hour).....211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum..... 395-2233

Burrough's Home 337-9505

Calusa Nature Center & Planetarium..... 275-3435

Edison & Ford Winter Estates 334-3614

Fort Myers Skate Park..... 321-7558

Imaginarium Hands-On Museum & Aquarium 321-7420

JN "Ding" Darling National Wildlife Refuge472-1100

Koreshan State Historic Site239-992-0311

Langford Kingston Home 239-334-2550

Ostego Bay Foundation Marine Science Center 765-8101

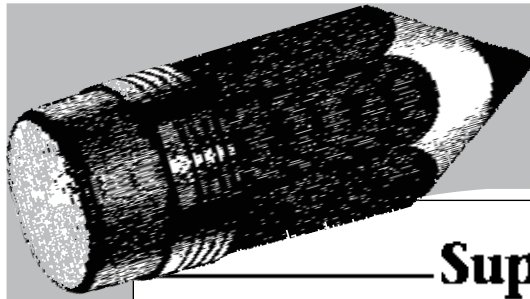
Skatium321-7510

Southwest Florida Historical Society 939-4044

Southwest Florida Museum of History 321-7430

True Tours 945-0405

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BEACH CHAIR PASTIME

answers on page 33

Super Crossword

**SOUL
RESCUER**

ACROSS

- 1 Sop up
7 Liquor
14 Spins
20 "Amen to that!"
21 Actress Higgins
22 Abate
23 Start of a riddle
25 Batter's miss
26 Do wrong
27 Pol with a six-yr. post
28 Mo. to Michel
29 Riddle, part 2
31 Pinchpenny
33 Sue
35 Steak order
36 Riddle, part 3
42 Food holder
46 Goddess with a cow's head
47 McCartney of fashion
48 Kailua Bay locale
50 Scam
51 Agree (with)
54 "Yee—!"
55 Paintball need
57 Circus clown
59 Riddle, part 4

- 63 Big-top star
64 DiFranco of folk rock
65 More spiteful
66 "We need assistance!"
69 Used a daggerlike weapon on
73 B followers
74 Wife of Mark Antony
78 Consented to
79 "Nick and 's Infinite Playlist" (2008 film)
83 Riddle, part 5
89 Wasp variety
90 Suffering
91 Capote to his buddies
92 With 77-Down, does thorough research on
94 Freezer trayful
95 TV's Spelling
97 Camera lens settings
100 Exec's bonnet
101 On a fire city ("Hey!")
103 Riddle, part 6
107 Starist Shankar
109 Org. for teachers
110 Coin toss call

- 111 End of the riddle
115 Lucy of "Kill Bill Vol. 1"
118 League college
119 Toward a boat's back
122 Makes glad
123 Riddle's answer
127 Declare under oath
128 Source of ticonderoga
129 More prying
130 Sports team foldowns
131 Hed — (many Republicans)
132 Modus operandi

DOWN

- 1 "Ever speak..."
2 Atom sticker
3 Movie draw
4 Meal leftover
5 Putin's and
6 Command
7 "Law & Order: —"
8 Hand part
9 — European languages

- 10 Another name for vitamin A
11 Suffix with fool or owl
12 Fearsome lly
13 "Don't — didn't warn you!"
14 Inventor Nikola
15 Radiator roses may lead to them
16 Haiti's land
17 Harness part
18 He's a twin
19 Spurt out
24 "No — to blame!"
30 "— little kindness"
31 Capital of Oman
32 Alternative to a 401(k) or a Keogh
34 Ery sion
36 (not my error)
37 "Time the essence"
38 Flake part
39 Inert element
40 Pipe problem
41 Ringing sound
43 — acid (vinegar flavor)
44 Added (up)
45 Not broken

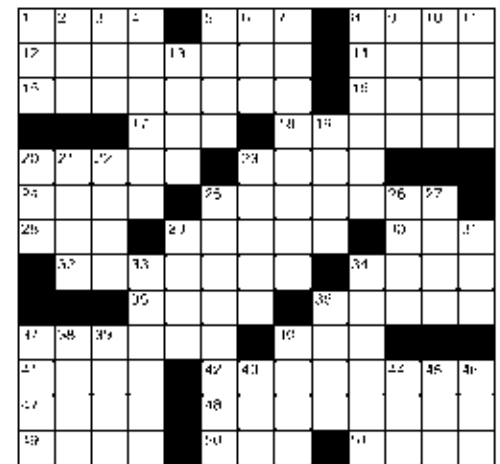
- 49 Zeus' sister and wife
52 Stage actress Hagen
53 Pirate's quail
56 Syllabus segment
58 Gym floor covering
60 Pull a different sack
61 Mortgage-issuing inst.
62 Ewoks' forest moon
66 "El Cid" co-star Loren
67 Five — shadow
68 Person eyeballing
70 Pirate chant starter
71 Artist Georgia
72 Ultimately reach
75 Author Hand
76 From Hangai
77 See 92-Across
80 Lightning —
81 Heady drink
82 "We need assistance!"
84 Small branch
85 Encng for major

- 86 Yankees slugger, to fans
87 It's often preheated
88 Nonflowering plant
93 Sun setting
96 Sorta, say
98 Most musty
99 Fishbark pest
102 Spears bombastically
104 Recle ritually, as a spell
105 Large solas
106 Air Force pilot, in slang
108 Three-piece pieces
111 Ringing sound
112 Choir range
113 Slum vermin
114 "Pretty pretty pocs"
116 Notion, to Jean-Luc
117 "Deutschland — alles!"
119 Landed (on)
120 Cut and run
121 Time in office
124 By the agency of
125 Football field units: Abbr.
126 Letter for Superman

King Crossword

ACROSS

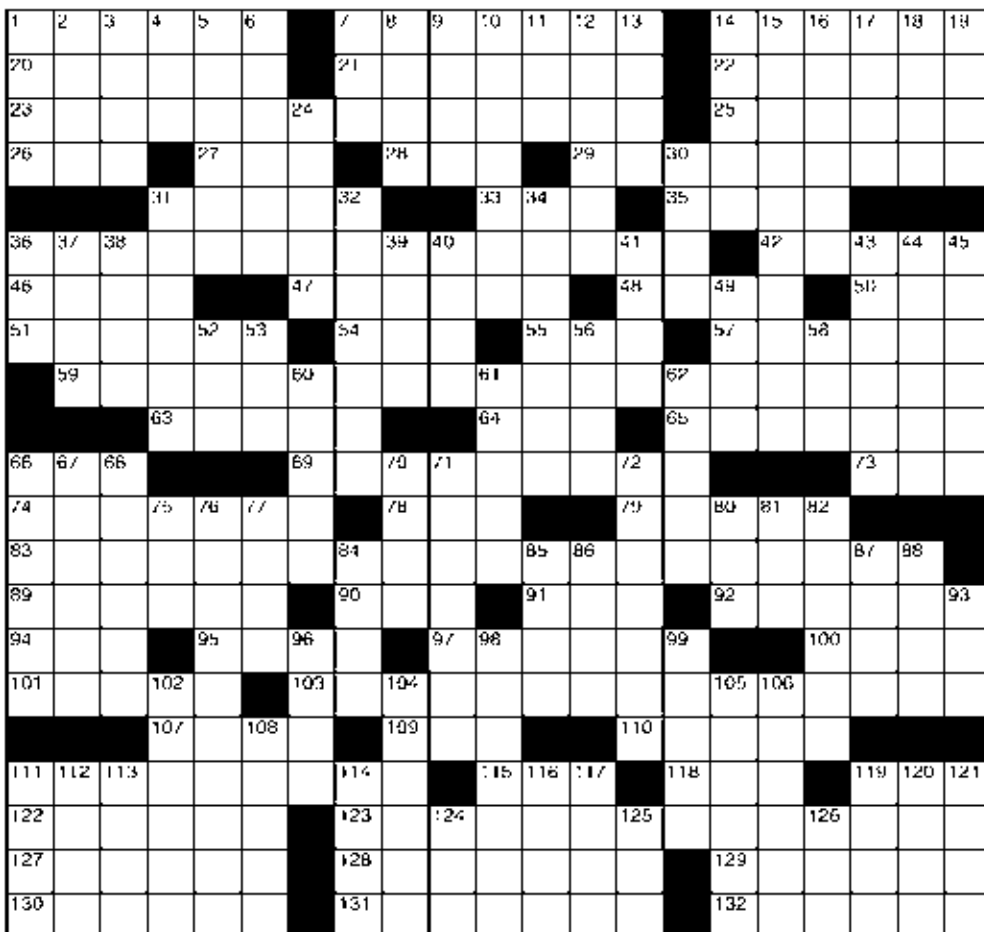
- 1 At the summit of
5 Two-timer
8 Feathered missile
12 Playwright Hansberry
14 Heverber ate
15 Skilled at painting
16 Neighbor hood
17 That woman
18 Look for typos, maybe
20 Mixed metal
23 — moss
24 Harness strap
25 Radmouthed big time
28 Distant
29 Give a leg up
30 Deteriorate
32 Tire
34 Taj Mahal city
35 Pay attention
36 Weapon since 1952
37 Go back
40 Festive
41 Sandwich cookie
42 Related to "the sum of"



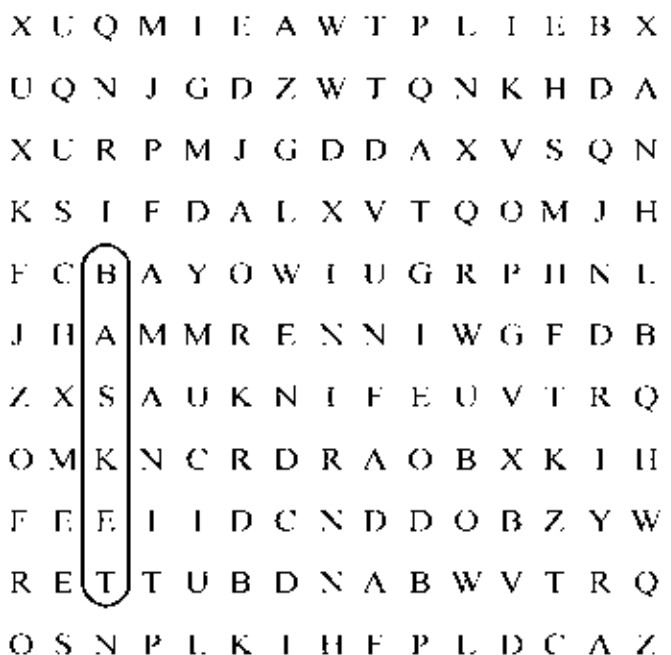
- the parts"
47 Active one
48 Eternally, to a poet
49 Catch sight of
50 Scooted
51 Penn or Combs
8 Inadequate supply
9 Farm measure
10 Comical Caroline
11 Frog's cousin
13 Wan
19 Right on the map?
20 "Bow-wow"
21 Fall later
22 Old Italian money
23 Bustful, perhaps
25 As one
26 Therefore
27 College
29 Co"n stand
31 Bill
33 Speculation
34 Bottomless pit's
36 Tresses
37 look the bus
38 Cupid's alias
39 Second in command, often
40 Singer Campbell
43 Eggs
44 Sock part
45 A Gershwin brother
46 100 yrs.

DOWN

- 1 carte
2 Craggy peak
3 Tab e scrap
4 Penitent ary
5 Give as an example
6 Blackbird
7 Lesson



MAGIC MAZE • BREAD —



Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally

- | | | | |
|------------|--------|-------|---------|
| And butter | Bowl | Knife | Pan |
| Basket | Box | Line | Pudding |
| Bin | Crumbs | Maker | Stick |
| Board | Dough | Mold | |



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